Office Of Services to the Aging
Fiscal Year 2015

Presentation to House Appropriations Subcommittee on Community Health
February 19, 2014

James K. Haveman, MDCH Director
Kari Sederburg, OSA Director
Tim Becker, Senior Deputy, Operations
Our Guiding Principles

**Mission**
The Michigan Department of Community Health will protect, preserve, and promote the health and safety of the people of Michigan with particular attention to providing for the needs of vulnerable and under-served populations.

**Vision**
Improving the experience of care, improving the health of populations, and reducing costs of health care.

**Leadership, Excellence, Teamwork**
Michigan Department Of Community Health
2014 Strategic Priorities

✓ Promote and Protect Health, Wellness, and Safety
  • Make Michigan a “no wait state” for aging services
✓ Improve Outcomes for Children
✓ Transform the Healthcare System
✓ Strengthen Workforce and Economic Development
Services to the Aging Highlights*

**Health & Nutrition**
10.4 million meals served to 109,000 older adults
7.9 million home-delivered; 2.5 million congregate
Senior Project FRESH served 15,000 low-income older adults
   435 markets/road side stands representing 2,660 farmers participated
10,700 older adults participated in volunteer programs
1,800 people participated in 320 evidence-based chronic disease management workshops

**Choice & Access**
6,800 caregivers received 722,000 hours of services (e.g. respite, counseling)
19,600 older adults received 748,000 hours of services in the home
62,900 older adults received a wide variety of community-based services (e.g. elder abuse prevention, disease prevention)
12,700 individuals served through the MI Choice Waiver program

**Elder Rights & Quality of Life**
42,000 hours of legal services were provided to 10,000 older adults
63,000 people received public benefits counseling through Michigan Medicare/Medicaid Assistance Program
State Long-Term Care Ombudsman consulted with 2,700 individuals and 910 nursing home staff
420 low-income older adults were employed through the Senior Community Service Employment Program

*FY 13*
Office of Services to the Aging

Promote the independence and enhance the dignity of Michigan's diverse population of older adults and their families.

Aging Network
• 16 area agencies on aging
• 1,200+ service providing agencies

Services
• In-home, nutrition, older volunteers, respite and adult day, legal help, disease prevention, information & assistance, outreach, etc.

Goals
• Improve the health and nutrition of older adults
• Ensure older adults have choice through increased access to services
• Promote elder rights, quality of life and economic security
• Improve effectiveness, efficiency and quality of services
Area Agencies on Aging

1A: Detroit AAA
1B: AAA-1B
1C: The Senior Alliance
2: Region 2 AAA
3A: 3A AAA
3B: 3B AAA
3C: Branch-St. Joseph AAA
4: Region IV AAA
5: Valley AAA
6: Tri-County AAA
7: Region VII AAA
8: AAA of Western MI
9: Region IX AAA
10: AAA of Northwest MI
11: UPCAP
14: Senior Resources
Governor-Appointed Commissions

Commission on Services to the Aging

Harold Mast, Chair, Kentwood
Michael F. Burri, Grand Rapids
Doug Chalgian, E. Lansing
Shannon K. English, Big Rapids
Joan Ilardo, E. Lansing
Gerald L. Irby, Marquette
Donna L. Murray-Brown, Detroit

Rene’e E. Parnell, Niles
Donald L. Newport, Greenbush
Richard Ortega, Grand Rapids
Patricia A. Rencher, Detroit
Jeffery R. Schade, Midland
Michael J. Sheehan, Cedar
Kristie E. Zamora, Flint

Long Term Care Supports & Services Advisory Commission

Reginald Carter, Chair, E. Lansing
Mary Ablan, Lansing
Robert Allison, Royal Oak
Larry Braver, Holly
RoAnne Chaney, E. Lansing
Connie Fuller, Rock
Clare Luz, E. Lansing

Jonathan Mead, Escanaba
Karen Messick, Comstock Park
John Nelson, Saginaw
Catherine Remake, Midland
Thomas Rau, Brighton
Tiffiny Reo, Farmington Hills
Larry Yachcik, Lowell
Michigan’s Aging Population

• Increase in number of older adults
  – 2 million older adults aged 60+ in Michigan (19% of population)
  – 85+ age group is the fastest growing; **102% projected increase** by 2030

• Demographics*
  – Majority of this age cohort is women (55%)
  – More than 13% identified as something other than European ancestry
  – More than 20% of this age cohort is employed
  – Nearly 12% of adults 60+ have dementia, and 45% of adults age 85+ have dementia
  – **1 in 5 caregivers** care for someone with symptoms of dementia

• More demand for services
  – Availability of choice – expand community-based system of care
  – Coordination and collaboration within long term care networks
  – Increase in need for services – nutrition programs fastest growing

* 2010 Census data
Michigan’s 60+ Population

[Map of Michigan showing the percentage distribution of the 60+ population in different counties, with shaded areas indicating varying percentages.]

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Michigan’s 60+ Population

1990: 1990 Census, General Population Characteristics, Table 16 - Single Years of Age by Sex, Race and Hispanic Origin: 1990
2000: 2000 Census Summary File 1, Table P012 - Sex by Age
2010: 2010 Census Summary File 1, Table P12 - Sex by Age
Number of People in Michigan Turning 60
## FY 15 Aging Investments (in millions)

<table>
<thead>
<tr>
<th>Description</th>
<th>FY 2015 Recommendation</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>GF/GP</td>
</tr>
<tr>
<td><strong>Office of Services to the Aging</strong></td>
<td></td>
</tr>
<tr>
<td>Prevent Elder Abuse</td>
<td>$1.0</td>
</tr>
<tr>
<td>Senior Home Delivered Meals and In–Home Services</td>
<td>$5.0</td>
</tr>
<tr>
<td><strong>Medical Services Administration</strong></td>
<td></td>
</tr>
<tr>
<td>MI Choice</td>
<td>$9.0</td>
</tr>
<tr>
<td>Programs for All-Inclusive Care for the Elderly (PACE) Expansion</td>
<td>$5.7</td>
</tr>
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</table>
Aging – Budget (in millions)

<table>
<thead>
<tr>
<th></th>
<th>2014</th>
<th>2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administration</td>
<td>$6.4</td>
<td>$7.6</td>
</tr>
<tr>
<td>Community Services</td>
<td>36.6</td>
<td>39.0</td>
</tr>
<tr>
<td>Nutrition Services</td>
<td>37.2</td>
<td>39.0</td>
</tr>
<tr>
<td>Volunteer Services Program</td>
<td>4.5</td>
<td>4.5</td>
</tr>
<tr>
<td>Employment Assistance</td>
<td>3.5</td>
<td>3.5</td>
</tr>
<tr>
<td>Respite Care Program</td>
<td>5.9</td>
<td>5.9</td>
</tr>
<tr>
<td>Total</td>
<td>$94.1</td>
<td>$99.5</td>
</tr>
</tbody>
</table>
“No Wait State” for Aging Services

Home Delivered Meals and In-Home Services
Community-based services that assist individuals to live independently with dignity. Includes meals, chore, homemaker, home health aide, and personal care services.

Current Waiting List Information:
- Nearly 1,000 for home delivered meals
- Approximately 3,500 for in-home services
- Average wait is more than 60 days
- 2,700 received some meals but not fully what was needed

FY 15 Investment: $5M GF/Gross
Profiles of Individuals Served

In-Home Services:
19,585 older adults were supported by 748,087 hours/units of care management, case coordination, chore, homemaker, home health aide, and personal care.

Home Delivered Meals:
51,187 home delivered meal participants received 7,886,265 meals.

<table>
<thead>
<tr>
<th>Participant Characteristics</th>
<th>In-Home Service Participant Characteristics</th>
<th>Home Delivered Meal Participant Characteristics</th>
</tr>
</thead>
<tbody>
<tr>
<td>69% were 75 or older</td>
<td>67% were 75 or older</td>
<td></td>
</tr>
<tr>
<td>35% were 85 or older</td>
<td>35% were 85 or older</td>
<td></td>
</tr>
<tr>
<td>56% lived alone</td>
<td>49% lived alone</td>
<td></td>
</tr>
<tr>
<td>31% were low income</td>
<td>36% were low income</td>
<td></td>
</tr>
<tr>
<td>71% were female</td>
<td>65% were female</td>
<td></td>
</tr>
</tbody>
</table>
“No Wait State” for Aging Services

Senior Home Delivered Meals
FY 2010 - FY 2015

<table>
<thead>
<tr>
<th>Year</th>
<th>Meals in Thousands</th>
</tr>
</thead>
<tbody>
<tr>
<td>FY10</td>
<td>7,830</td>
</tr>
<tr>
<td>FY11</td>
<td>7,787</td>
</tr>
<tr>
<td>FY12</td>
<td>7,761</td>
</tr>
<tr>
<td>FY13</td>
<td>7,886</td>
</tr>
<tr>
<td>FY14</td>
<td>7,886</td>
</tr>
<tr>
<td>FY15 Exec Rec</td>
<td>8,306</td>
</tr>
</tbody>
</table>
“No Wait State” for Aging Services

Waiting Lists - Senior Home Delivered Meals and In-Home Services

- FY11: 6,994
- FY12: 5,094
- FY13: 4,520
- FY14: 4,520

Legend:
- Blue: In-Home Services
- Red: Home Delivered Meals
“No Wait State” for Aging Services

MI Choice Home and Community-Based Waiver Program
Provides opportunities for individuals who are nursing home eligible to continue living in their own homes, or transition back to their home.

Current MI Choice Program:

- Medicaid-funded program
- More than 12,700 individuals served
- Waiting lists in most parts of the state
- Average wait time is 230 days
- Expand services to 1,250 individuals

FY 15 Investment: $9M GF/$26.2M Gross
# Individuals in MI Choice Program

<table>
<thead>
<tr>
<th>FY 2013 Participants</th>
<th>12,711</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>69%</td>
</tr>
<tr>
<td>Male</td>
<td>31%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Age of Participants</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 55</td>
<td>1,674</td>
<td>13%</td>
</tr>
<tr>
<td>55-59</td>
<td>986</td>
<td>8%</td>
</tr>
<tr>
<td>60-64</td>
<td>1,217</td>
<td>9%</td>
</tr>
<tr>
<td>65-69</td>
<td>1,232</td>
<td>10%</td>
</tr>
<tr>
<td>70-74</td>
<td>1,423</td>
<td>11%</td>
</tr>
<tr>
<td>75-79</td>
<td>1,477</td>
<td>12%</td>
</tr>
<tr>
<td>80-84</td>
<td>1,575</td>
<td>12%</td>
</tr>
<tr>
<td>85+</td>
<td>3,127</td>
<td>25%</td>
</tr>
<tr>
<td>TOTAL</td>
<td>12,711</td>
<td>100%</td>
</tr>
</tbody>
</table>
“No Wait State” for Aging Services

Program of All-Inclusive Care for the Elderly (PACE)

Provide the entire continuum of services to older adults (nursing home eligible) to maintain home independence as long as possible. Currently more than 900 individuals served.

PACE Services:
- Medical Care
- Adult Day Program
- Prescription Drugs
- Medical Specialists such as Dentistry and Podiatry

PACE Expansion:
- Add new sites in Flint, Lansing, and Saginaw
- Expand current Muskegon site
- Continue support for current sites in Wayne, Kent, Muskegon, Calhoun, Berrien, and Washtenaw Counties

FY 15 Investments: $5.7M GF/ $16.4M Gross
Program of All-Inclusive Care for the Elderly (PACE)

<table>
<thead>
<tr>
<th>Name</th>
<th>Location</th>
<th>Enrollment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Center for Senior Independence</td>
<td>Detroit</td>
<td>159 – opened 1994</td>
</tr>
<tr>
<td>-Northwest location - Rivertown</td>
<td></td>
<td>124 – opened 2013</td>
</tr>
<tr>
<td>Care Resources</td>
<td>Grand Rapids</td>
<td>186 – opened 2006</td>
</tr>
<tr>
<td>LifeCircles</td>
<td>Muskegon</td>
<td>220 – opened 2009</td>
</tr>
<tr>
<td>CentraCare</td>
<td>Battle Creek</td>
<td>140 – opened 2009</td>
</tr>
<tr>
<td>-Calhoun County - Kalamazoo County</td>
<td>Kalamazoo</td>
<td>24 – opened 2013</td>
</tr>
<tr>
<td>Huron Valley</td>
<td>Ypsilanti</td>
<td>Opened February 2014</td>
</tr>
<tr>
<td>Total Enrollment</td>
<td></td>
<td>918</td>
</tr>
</tbody>
</table>
## Developing PACE Projects

<table>
<thead>
<tr>
<th>Organization</th>
<th>Location</th>
<th>Anticipated Start Date</th>
<th>Anticipated Full Enrollment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Genesys Health Systems</td>
<td>Flint</td>
<td>Spring 2015</td>
<td>225</td>
</tr>
<tr>
<td>A&amp;D Charitable Foundation (Great Lakes PACE)</td>
<td>Saginaw</td>
<td>Spring 2015</td>
<td>225</td>
</tr>
<tr>
<td>Volunteers of America Senior CommUnity Care</td>
<td>Lansing</td>
<td>Summer 2015</td>
<td>250</td>
</tr>
</tbody>
</table>
Michigan PACE Organizations

Current PACE Sites

- Center for Senior Independence - Detroit
- Care Resources - Grand Rapids
- Life Circles - Muskegon
- Centra Care - Battle Creek
  - Kalamazoo
- PACE of Southwest Michigan - St. Joseph

Proposed New PACE Sites

- Proposed
  - Flint
  - Lansing
  - Saginaw
Elder Abuse Prevention

Elder Abuse in Michigan

Crimes impact an estimated 90,000 older adults annually, with significant financial and human cost to citizens and service systems. Abuse takes many forms: financial, physical, mental and neglect.

Current Situation:
- Good programs, but fragmented
- No consistency at local level
- Lack of understanding of the problem
- No integrated reporting system
- No statewide trainings, outreach
- Increasing number of reported crimes

Key Partners:
DHS – Adult Protective Services, Attorney General’s Office, State Long Term Care Ombudsman, Michigan State Police, Local Police Departments and Other Partners
Elder Abuse Prevention

Prevent Elder and Vulnerable Adult Abuse, Exploitation, Neglect Today (PREVNT)

- Support of Ongoing Elder Abuse Prevention/Detection Efforts
  - Local interdisciplinary teams
  - Elder abuse prevention coalition and statewide campaign
- Statewide Trainings on Elder Abuse Laws & Reporting
  - Aging/disability networks, financial institutions, medical professionals
  - Law enforcement and prosecutors on new elder abuse laws
  - Expand nationally-recognized, Adult Abuse and Neglect Prevention (AANP) training and awareness
- Review of Current Elder Abuse System
  - Conducting a study on the actual costs of financial abuse.
  - Establishing a state-level group to focus on elder abuse
  - Feasibility of developing an integrated reporting system
  - Research developing a formal criminal justice restitution initiative

FY 15 Investments: $1M Gross/GF
Contact Info and Useful Links

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ruestk@michigan.gov
Phone: (517) 373-1629

Director: Kari Sederburg
sederburgk@michigan.gov
Phone: (517)-373-7876

Website: http://www.michigan.gov/osa
Facebook: http://www.facebook.com/osa

Useful Links:
Executive Budget: http://www.michigan.gov/mibudget2015
MI Healthier Tomorrow: www.michigan.gov/mihealthiertomorrow
Healthy Michigan Plan: www.michigan.gov/healthymichiganplan