



# **Aging & Adult Services Agency**

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**Presentation to Families, Children, and Seniors Committee**

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# ***Aging & Adult Services Agency***

## **Vision**

For Michigan residents to live well as they age.

## **Mission**

The Aging & Adult Services Agency provides statewide leadership, direction, and resources to support Michigan's aging, adult services, and disability networks, with the aim of helping residents live with dignity and purpose.

## **Aging Network**

16 area agencies on aging and 1,000+ service providing agencies.

## **Programs and Services**

Nutrition (home-delivered meals and congregate meals), in-home services, caregiver services, community services, and senior volunteer programs, etc.

## **Goals (as outlined in federally-approved State Plan on Aging)**

- Advocate for, inform, and empower those we serve.
- Help older adults maintain their health and independence at home and in their community.
- Promote elder and vulnerable adult rights and justice.
- Conduct responsible quality management and coordination of Michigan's aging network.



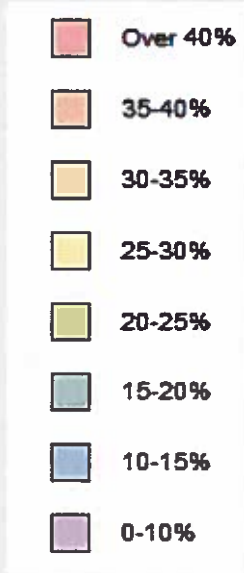
## ***Michigan's Aging Population***

- Currently, **2.2 million** adults age 60 or older reside in Michigan (22.5% of population).
- **54%** of adults age 60 or older are women, **66%** of adults age 85 or older are women.
- Michigan's population age 65 or older is projected to grow from **15.9%** (2015) to **22.9%** (2045) of the state's total population.
- Much of the above growth will occur in the state's population **age 85 or older**, which is projected to increase by **153%** over this period (2015-2045).

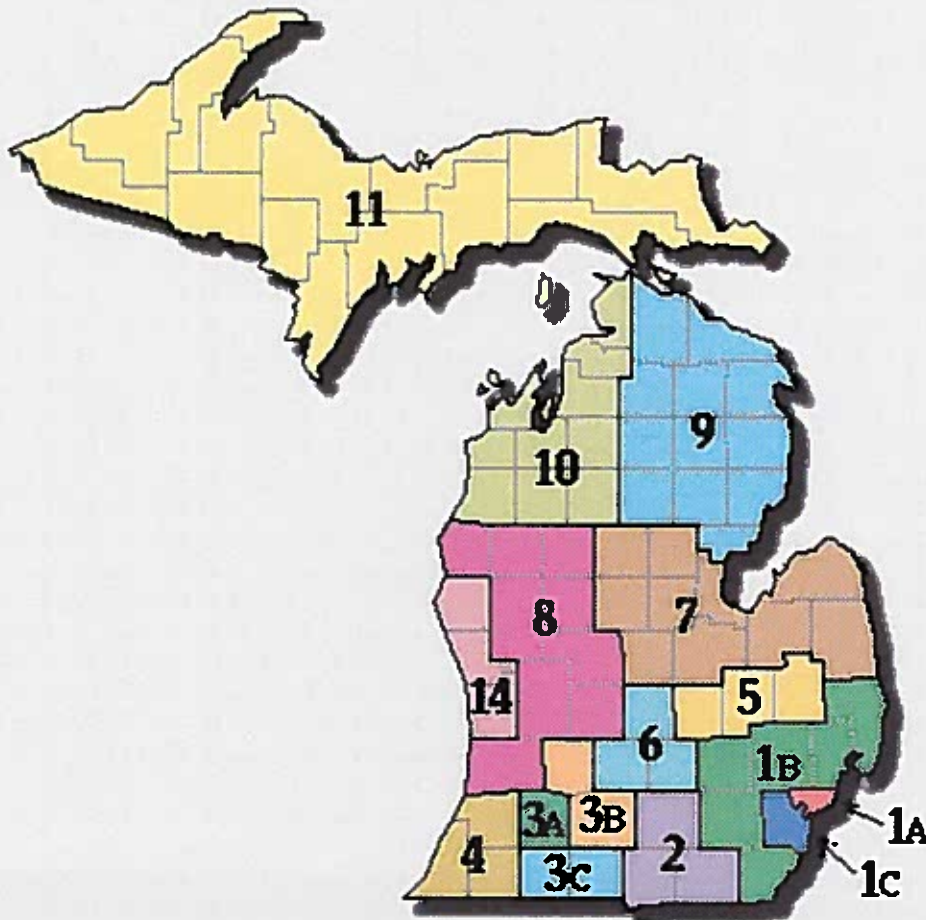
Sources:

- American Community Survey 5-Year Estimates, U.S. Census Bureau, 2013-2017
- THE ECONOMIC AND DEMOGRAPHIC OUTLOOK FOR MICHIGAN THROUGH 2045, Institute for Research on Labor, Employment, and the Economy, University of Michigan, Jan. 2017

# Michigan's 60+ Population



## Area Agencies on Aging



- 1A: Detroit AAA
- 1B: AAA-1B
- 1C: The Senior Alliance
- 2: Region 2 AAA
- 3A: 3A AAA
- 3B: 3B AAA
- 3C: Branch-St. Joseph AAA
- 4: Region IV AAA
- 5: Valley AAA
- 6: Tri-County AAA
- 7: Region VII AAA
- 8: AAA of Western MI
- 9: Region IX AAA
- 10: AAA of Northwest MI
- 11: UPCAP
- 14: Senior Resources



## ***Family Caregivers***

- It is estimated that Michigan is home to **nearly one million family caregivers** who are making sacrifices every day to help care for a loved one or friend who has a chronic condition that threatens their independence.
- Basics of the Caregiving Situation:
  - The majority of caregivers are female (**60%**).
  - Eight in 10 are taking care of one person (**82%**).
  - They are 49 years of age, on average.
  - A large majority of caregivers provide care for a relative (**85%**), with **49%** caring for a parent or parent-in-law.
  - One in 10 provides care for a spouse.
  - Higher-hour caregivers are almost four times as likely to be caring for a spouse/partner.

**Sources:**

- Caregiving Across the States: 50 State Profiles, Family Caregiver Alliance, National Center on Caregiving
- Caregiving in the U.S. 2015, National Alliance for Caregiving (NAC) and the AARP Public Policy Institute



## ***Service Highlights\****

### **Health & Nutrition**

- 10.3 million meals served to 103,734 older adults.
- 8.2 million meals home-delivered; 2.1 million congregate.
- Senior Project FRESH served more than 20,000 participants.
- 7,696 older adults participated in the three senior volunteer programs (RSVP, SCP and FGP) supported by AASA.
- More than 6,000 older adults participated in one or more evidence-based disease prevention programs last year.

### **Choice & Access**

- 6,828 caregivers received 810,817 hours of service and 207,122 home-delivered meals were served (as a part of respite care).
- 112,109 residents received a wide variety of community-based services (e.g. elder abuse prevention, disease prevention, legal assistance, home repair, etc.).

### **Elder Rights & Quality of Life**

- 26,094 hours of legal services were provided to 10,649 older adults.
- 96,520 Medicare beneficiaries received health benefits counseling through the Michigan Medicare/Medicaid Assistance Program.
- State Long-Term Care Ombudsman responded to 3,698 complaints.
- 347 low-income older adults participated in the Senior Community Service Employment Program.



## ***Profiles of Individuals Served***

### **In-Home Services:**

23,209 older adults were supported by 993,585 hours/units of care management, case coordination, chore, homemaker, home health aide, and personal care.

### **Home Delivered Meals:**

52,297 home delivered meal participants received 8,194,337 meals.

<b>Home-Delivered Meal Participant Characteristics</b>	<b>In-Home Services Participant Characteristics</b>
64% were age 75 years or older	66% were age 75 years or older
63% were female	69% were female
50% lived alone	54% lived alone
40% resided in rural areas	51% resided in rural areas
44% were low-income	33% were low-income
22% were minority by race and/or ethnicity	15% were minority by race and/or ethnicity





## ***Alzheimer's Disease & Related Dementias***

- Dementia is a term that is used for a group of symptoms caused by disorders that affect the brain. Alzheimer's disease is the most common form of dementia.
- The prevalence of dementia among those age 65 or older in the United States decreased from 11.6% in 2000 to 8.8% in 2012. There are 1,575,233 adults age 65 or older in Michigan, 8.8% = **138,620 Michigan residents**.
- AASA was awarded a 3-year grant from the Administration for Community Living to increase dementia capability among Michigan's area agencies on aging and service provider network. This includes better screening, training and dementia-specific services for Michigan residents.
- AASA provides the evidence-based program "Savvy Caregiver" under the Creating Confident Caregivers® service definition. AAAs provide the program free to family members caring for a person with dementia living at home. Since 2009, the program has served more than 6,777 caregivers across Michigan.

### Sources:

- A Comparison of the Prevalence of Dementia in the United States in 2000 and 2012. Langa KM(1), Larson EB(2), Crimmins EM(3), Faul JD(4), Levine DA(5), Kabeto MU(6), Weir DR(4).



## ***Elder Abuse Prevention***

- It is estimated that **one in 10 older adults** are victims of elder abuse. Abuse can include physical abuse, psychological or verbal abuse, sexual abuse, financial exploitation, and neglect.
- Elder abuse occurs in community settings, such as private homes, as well as institutional settings like nursing homes and other types of long-term care facilities. Perpetrators are most likely to be adult children or spouses, more likely to be male, to have history of past or current substance abuse, to have mental or physical health problems, to have history of trouble with the police, to be socially isolated, to be unemployed or have financial problems, and to be experiencing major stress.
- In fiscal year 2017, there were 27,330 referrals to Adult Protective Services for adults age 60 years or older. Of those, 62% (16,976) were investigated.
- Referrals to Adult Protective Services for adults age 60 years or older **have more than doubled** (12,084) since fiscal year 2011.

Sources:

- Lachs, M., & Pillemer, K. (2015). Elder abuse. *New England Journal of Medicine*, 373, 1947–56. doi: 10.1056/NEJMr1404688
- National Center on Elder Abuse



## ***Ensuring Quality and Effectiveness***

### **Operating Standards for Services**

AASA provides operating standards for service programs to the 16 area agencies on aging and it monitors each agency on an ongoing basis to ensure they are functioning effectively and delivering quality services in the community.

### **Service Plans**

Each area agency on aging is required to develop an area service plan and those plans are reviewed and approved by the governor-appointed Michigan Commission on Services to the Aging each year.

### **Client Satisfaction and Complaint Resolution**

Each area agency on aging is required to have a complaint resolution and appeal procedure in place for services and they are required to have procedures in place to properly evaluate the quality of the services being provided. This may include, but is not limited to, client satisfaction surveys, client interviews, etc. In fiscal year 2018, there were five (5) formal service complaints and two (2) informal service complaints statewide.

### **Program and Service Report**

Each year we publish a program and service report that details the profile of those the network served, details on the cost of services, our service levels, etc. We also have a number of special reports in this document as it relates to waiting lists, etc.



## ***FY 2018 Budget Appropriation***

<b>Line Item</b>	<b>Appropriation</b>
Administration	\$9,394,700
Community Services	\$43,567,300
Nutrition Services	\$42,254,200
Employment Assistance	\$3,500,000
Respite Care Program	\$6,468,700
Senior Volunteer Service Programs	\$4,465,300
<b>Gross Appropriation</b>	<b>\$109,650,200</b>
<b>Federal Revenues:</b>	
Capped Federal Revenues	\$371,500
Total Other Federal Revenues	\$59,627,100
<b>Special Revenue Funds:</b>	
Total Private Revenues	\$520,000
Michigan Merit Award Trust Fund	\$4,068,700
Total Other State Restricted	\$2,000,000
State General Fund/General Purpose	\$43,062,900



## ***MDHHS Contact Info and Useful Links***

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