

# Michigan's Behavioral Health Services

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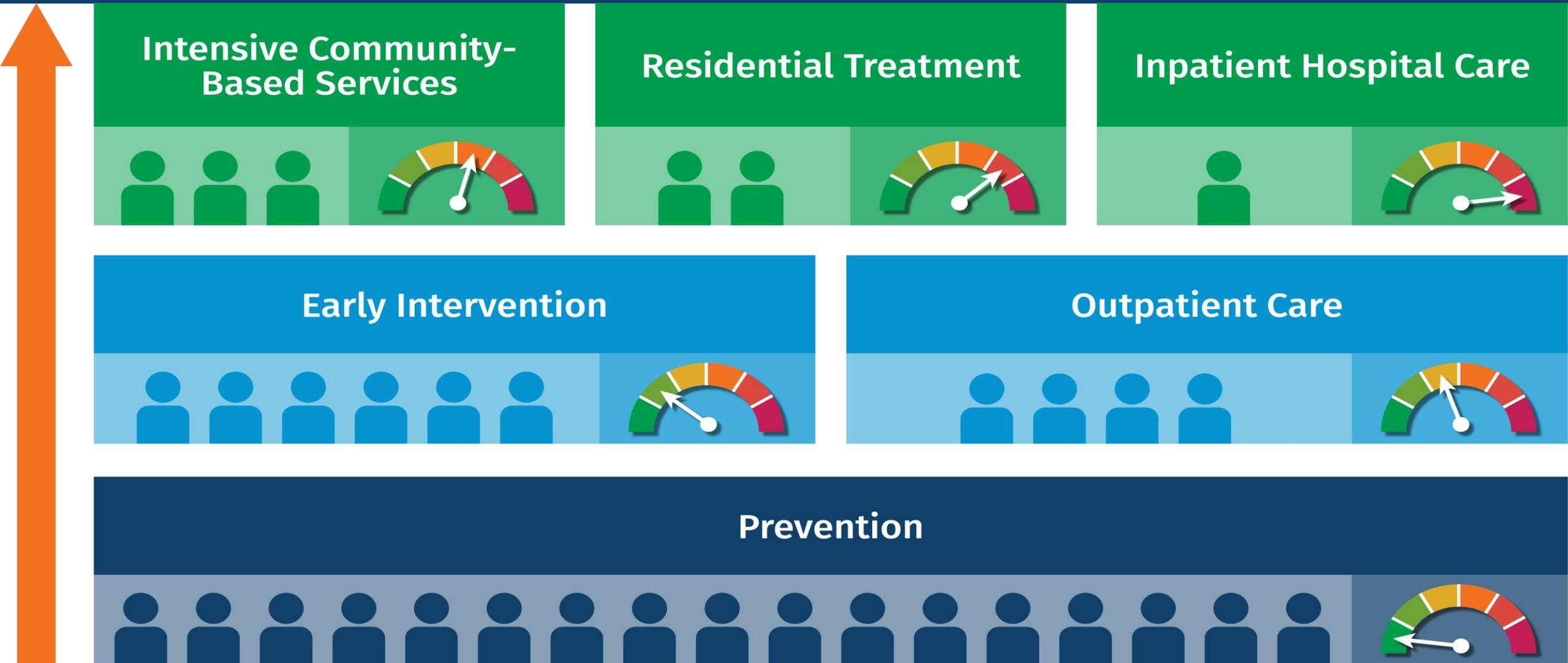


# Agenda

- Michigan Behavioral Health Services.
- Certified Community Behavioral Health Clinic Services.
- State Hospitals.
- FY 2025 Budget Investments.



# Michigan Behavioral Health Services

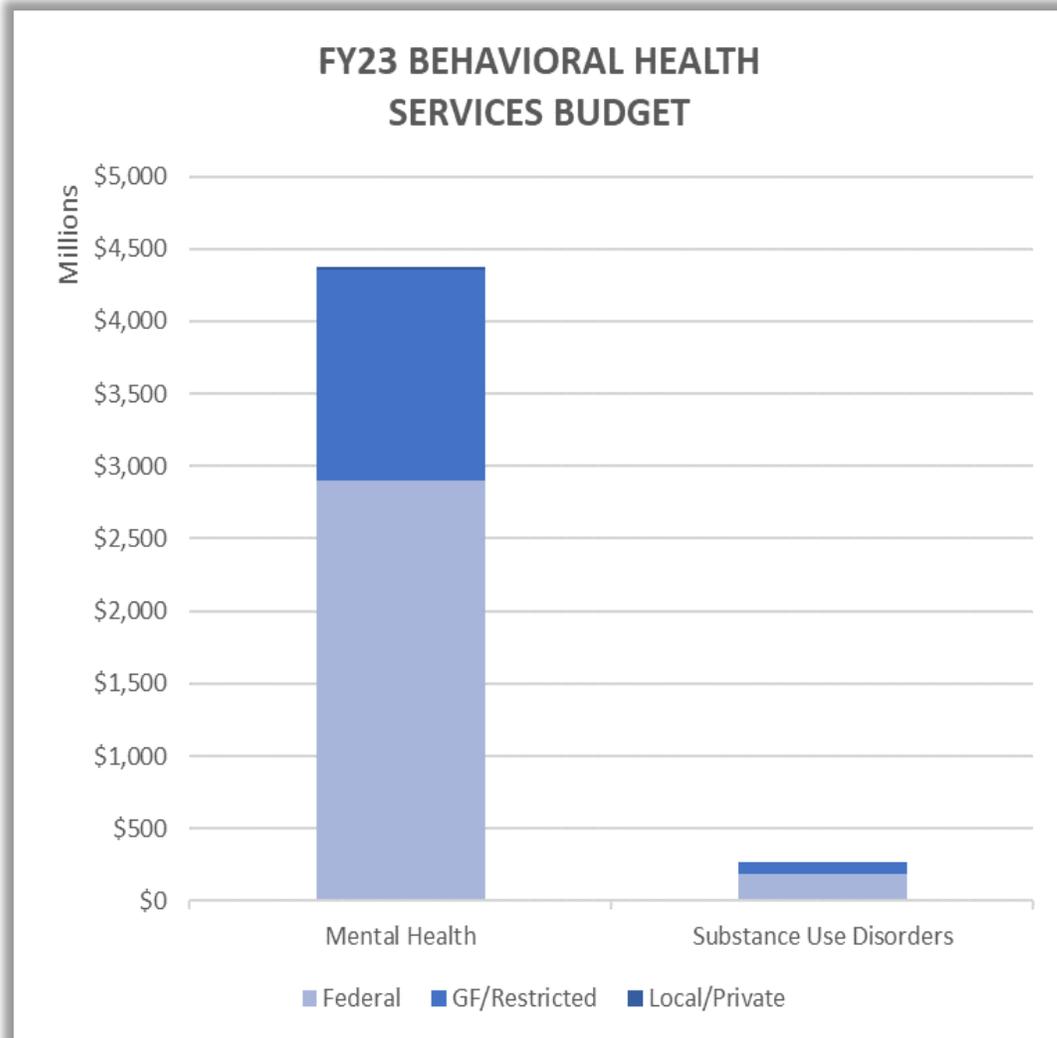


# Michigan's Specialty Behavioral Health System

- **10** Medicaid Pre-paid Inpatient Health Plans (PIHP).
- **46** Community Mental Health Services Programs (CMHSPs).
- Traditional populations served:
  - Any individual experiencing **crisis**.
  - Adults with **serious mental illness (SMI)**.
  - Children with **serious emotional disturbance (SED)**.
  - Adults and children with **intellectual and developmental disabilities (IDD)**.
  - Individuals experiencing **substance use disorders (SUD)**.
- Certified Community Behavioral Health Clinics (CCBHCs) represent a new frontier that expands the traditional landscape to include individuals with mild/moderate mental health needs as well.



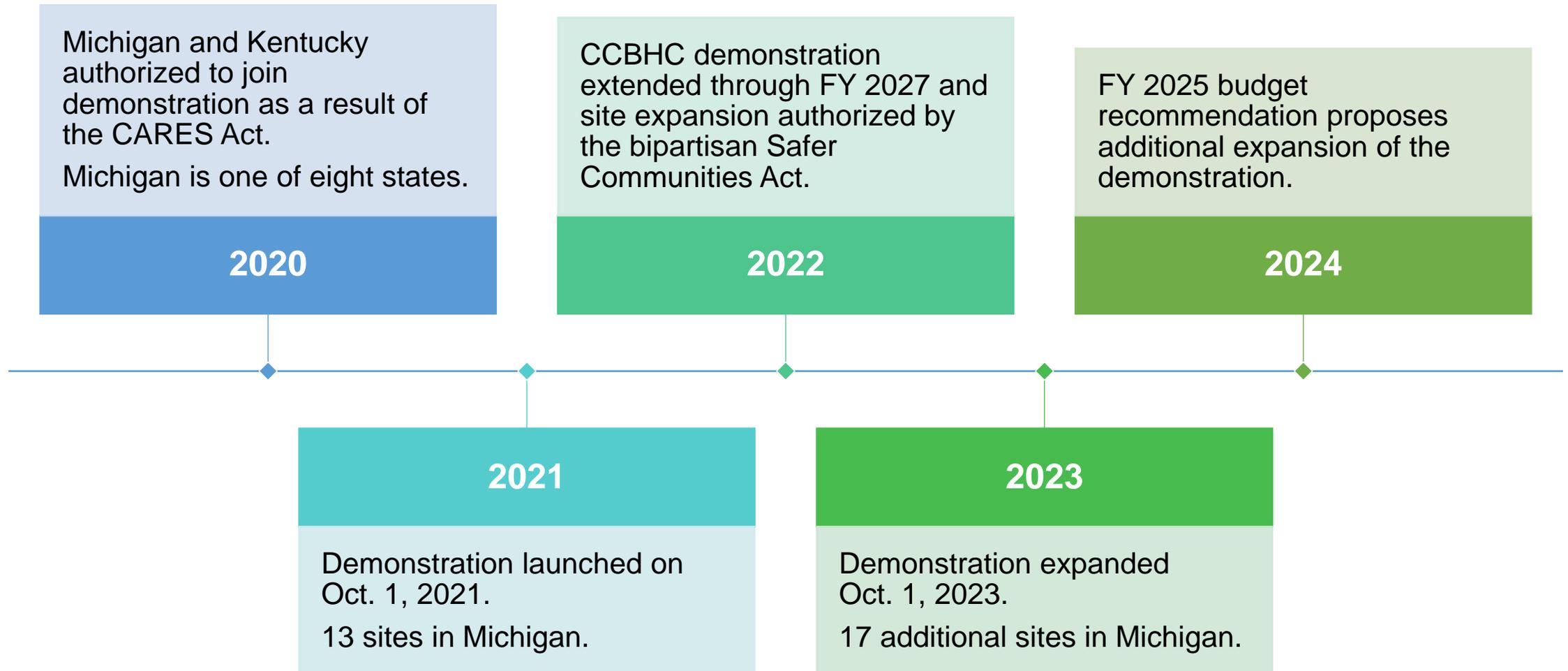
# By the Numbers



- Approximately **290,000** Medicaid beneficiaries received **specialty behavioral health services** through one of the department's 10 contracted **Prepaid Inpatient Health Plans (PIHPs)** in FY 2023.
  - **221,500** adults.
  - **68,900** children.
  - **17,000** children with a dual diagnosis (SED and IDD).
  - **55,000** individuals who met the Michigan Mental Health Code definition of IDD.
  - **66,000** Medicaid beneficiaries served by a CCBHC.
  - **3,900** individuals served in Behavioral Health Homes.
  - **4,900** individuals served in Opioid Health Homes.
  - **54,400** individuals received SUD treatment services.
- Total served through the **CMHSPs** (regardless of payer): More than **316,000** people in 2023.

# Current Behavioral Health Initiatives

# CCBHC Background and Timeline



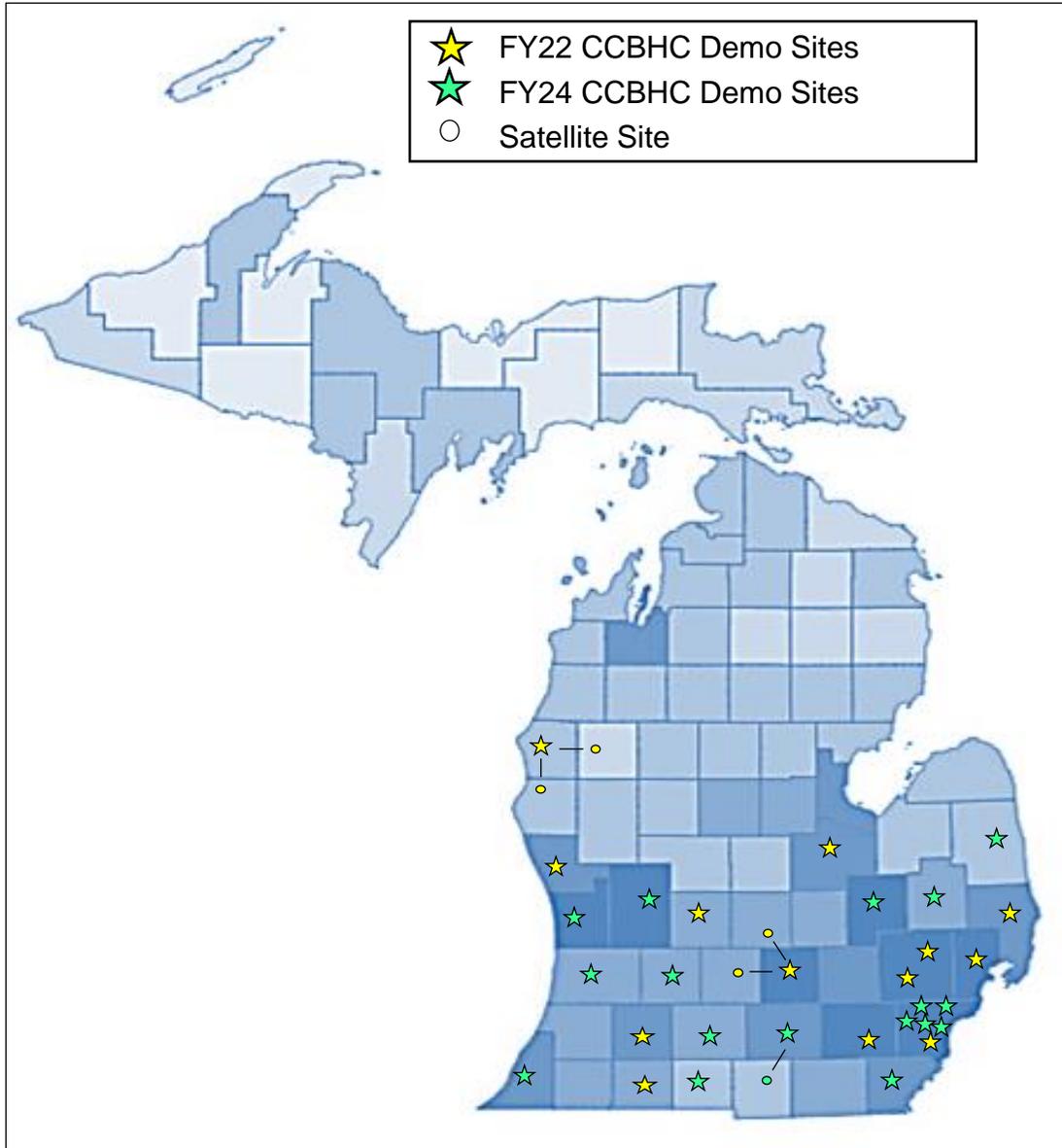
# CCBHC Demonstration

CCBHCs are nonprofit or local government agencies that provide comprehensive and coordinated outpatient behavioral health services.

## CCBHCs:

- Serve all Michiganders with a mental health and/or substance use disorder regardless of severity, insurance status or ability to pay.
- Meet robust certification criteria.
- Adhere to stringent quality and cost reporting requirements.
- Are reimbursed using a state-developed prospective payment system model (CMS demonstration only).

# CCBHC Demonstration Sites



- Arab Community Center for Economic and Social Services (Wayne).
- Barry County CMH Authority (Barry).
- CEI CMH (Clinton, Eaton, Ingham).
- CNS Healthcare (Oakland).
- CNS Healthcare (Wayne).
- Community Mental Health of Ottawa County (Ottawa).
- Development Centers, Inc. (Wayne).
- Easter Seals Michigan (Oakland).
- Elmhurst Home (Wayne).
- Genesee Health System (Genesee).
- HealthWest (Muskegon).
- Integrated Services of Kalamazoo (Kalamazoo).
- Lapeer County Community Mental Health (Lapeer).
- LifeWays (Jackson and Hillsdale).
- Macomb County CMH (Macomb).
- Monroe Community Mental Health Authority (Monroe).
- Network180 (Kent).
- OnPoint (Allegan).
- Pines Behavioral Health Services (Branch).
- Pivotal (St. Joseph).
- Riverwood Center (Berrien).
- Saginaw County CMH (Saginaw).
- Sanilac Community Mental Health (Sanilac).
- Southwest Counseling Solutions (Wayne).
- St. Clair County CMH (St. Clair).
- Summit Pointe (Calhoun).
- The Guidance Center (Wayne).
- The Right Door (Ionia).
- Washtenaw County CMH (Washtenaw).
- West Michigan CMH (Mason, Lake, Oceana).

# FY 2023: Community Impact

*The 13 sites participating in the Medicaid demonstration served:*

**75,006** distinct individuals including:

**66,072** Medicaid.

**8,934** non-Medicaid.

**74%** adults.

**26%** children.

**2,171** individuals with military involvement.

**8,012** individuals with co-occurring mental health and substance use disorder.

**5,264** individuals with co-occurring mental health diagnosis and IDD.

**Over 17,000** Medicaid members received CCBHC services in a county different than their residence.

# FY 2023: Outcomes

## Increased Access to Services

**15%** of Medicaid daily visits served beneficiaries with mild to moderate behavioral health needs.

**8,934** individuals **without** Medicaid received CCBHC services in FY 2023, **19%** of whom were children under 18.

**82%** of Michiganders now live in a county with 24/7 mobile crisis response

**58%** of all CCBHC service recipients received at least one telehealth visit.

## Improved Community Partnerships

Expanded **services to children in schools and service delivery in the community.**

Fostered formal partnerships with community organizations, **improving care coordination** and streamlining transitions between services.

# Psychiatric Residential Treatment Facilities (PRTF) & Intensive Community Transition Services (ICTS)



## Background

- Designed to **strengthen** our **continuum** of **care** for individuals with severe and challenging behaviors.
- **Step Down** - Assist patients transitioning to community placement after state inpatient care.
- **Step Up** – For those in a community setting in need of an intensive treatment setting, but unable to secure placement.

## Program

- Increased volume of patients **awaiting** behavioral health **treatment** in local **emergency departments** or other inappropriate settings.
- Experiencing **high readmission rates** to state inpatient care for some individuals.

## Implementation

- **Short-term** (90-180 days).
- For **youth** (PRTF) and **adults** (ICTS).
- 24-hour **supervised, monitored** and **focused** treatment.
- **Joint discharge planning** and **care coordination** between MDHHS, CMSHP, and provider.
- PRTF established as a **Medicaid benefit** on December 1, 2023.

# PRTF and ICTS

## Impact and Outcomes

### • PRTF

- Currently serving **13** youth (*including **12** youth with child welfare involvement*).
- **20** successful discharges since June 2023.
- **4** re-escalations to state hospital.

### ICTS

- Currently serving **14** adults.
- **42** successful discharges since June 2023.
- **3** re-escalations to state hospital.

# Workforce Initiatives

## Impact and Outcomes in FY 2023



- ✓ Launched a \$3M Student Loan Repayment Program supporting 324 behavioral health professionals.
- ✓ Created a MI Opioid Treatment Access Loan Repayment Program supporting 74 substance use treatment practitioners with \$1.3M.
- ✓ Awarded loan repayments to 75 health care professionals working in high need areas.
- ✓ Collaborated with Michigan State University and Wayne State University to add 24 students in the psychiatric mental health nurse practitioner programs.
- ✓ Updated Medicaid policy to allow reimbursement to behavioral health practitioners who received their degree and accumulating hours for licensure and/or awaiting Michigan licensure.
- ✓ Launched a behavioral health universal credentialing system for behavioral health practitioners providing services under contract the specialty system.
- ✓ Increased advertising of MDHHS vacant positions on LinkedIn, Handshake, Facebook and with associations.
- ✓ Attended 50+ career fairs with Human Resources staff.
- ✓ Implemented a 20% wage increase for certain Civil Service classifications, primarily for clinical positions, to more than 400 employees.
- ✓ Invested in FY24 direct care worker wage increase of \$0.85 hourly.
- ✓ Completed a Michigan Sustaining Behavioral Workforce Research and Recommendations Report, including 19 focus groups, to assist with addressing the workforce capacity.

# Supporting the Behavioral Health Workforce in FY 2024

Modifying policy to allow certified youth peer support specialists to transition to certified peer support specialists (adults) without employment gaps.

Continuing to review public mental health credentialing, trainings and clinical documentation to implement administrative efficiencies.

Piloting a Michigan Career Portal for direct care worker employer recruitment.

Launching a second student loan repayment program for behavioral health professionals.

Developing a statewide behavioral health stipend internship program.

Creating an accelerated Social Worker Workforce Expansion Program with stipends.

Establishing a behavioral health capacity center of excellence.



# State Hospitals

# Michigan's State Hospitals

## Caro Psychiatric Hospital

- Calendar year (CY) 2023 average census: 96 patients.
- Service area in blue.

## Kalamazoo Psychiatric Hospital

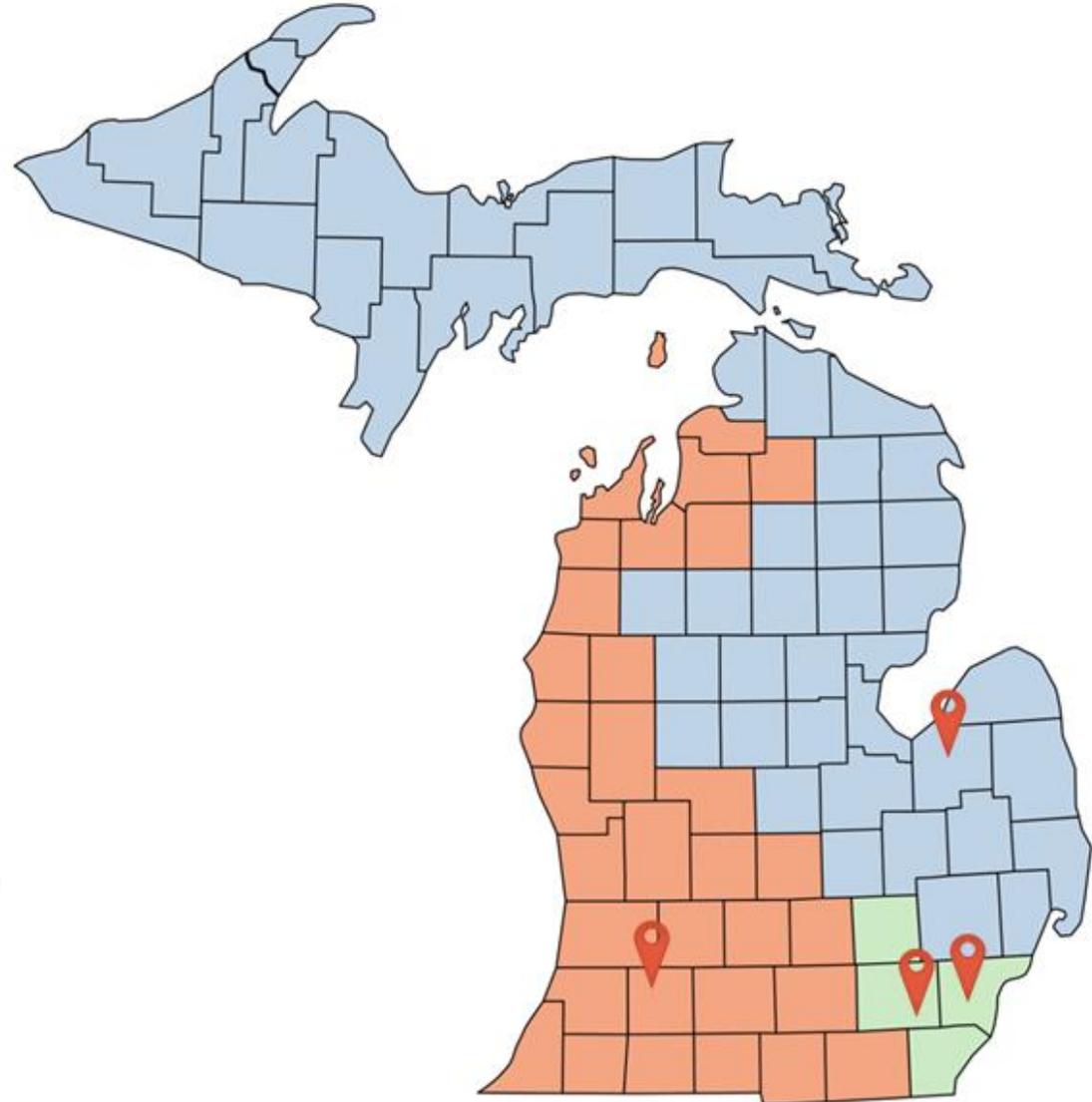
- CY 2023 average census: 105 patients.
- Service area in orange.

## Walter Reuther Psychiatric Hospital

- CY 2023 average adult census: 102 patients.
- Adult service area in green.
- CY 2023 average pediatric census: 32 patients.
- Serves children and adolescent patients across Michigan.

## Center for Forensic Psychiatry (Saline)

- CY 2023 average census: 225 patients.
- Serves adult forensic patients across Michigan.



# New Southeast Michigan State Psychiatric Hospital

\$325 million allocated in the FY 2022 budget for design and construction activities. An additional \$51 million was appropriated by the legislature in FY 2024.

Demolition of Hawthorn Center completed in December 2023.

Construction began Dec. 5, 2023.

Building turnover to MDHHS and Department of Technology, Management & Budget (DTMB) expected to occur in June 2026.

# Site Work

Christman Psych Hospital February 2024



**FEBRUARY 2024**

[Christman Psych Hospital February 2024 - YouTube](#)

# Site Plan Development

## New State Psychiatric Hospital Schematic Site Design –August 2023

- Service Drive
- CUP
- Service Docks
- Maintenance Bldg
- Recycling Dumpsters
- Patient Intake / Arrival
- Staff Entry / Arrival
- Staff Parking (480)
- Secondary Access Points
- Courtyards
- Visitor Entrance
- Visitor Arrival
- Visitor / Staff Parking (158)



# Main Entrance



# Building Specifications

## Administrative

- Hospital will serve a maximum of 264 beds.
  - 192 adult beds.
  - 72 pediatric beds.
  - Net system increase of about 54 beds (32 adult beds and 22 pediatric beds).
- 24 beds per patient care area:
  - Eight adult units.
  - Three pediatric units.
- Total square footage:
  - Main building: 394,774 sq. ft.
  - Storage building: 3,204 sq. ft.
  - Maintenance building: 4,791 sq. ft.
- Central administrative supporting both populations.

## Patient-Focused

- Interior and exterior recreation spaces:
  - Gymnasium, exercise room, horticulture, art room, etc.: 12,892 sq. ft.
  - Interior courtyards: 14,886 sq. ft.
  - Exterior courtyards: 121,588 sq. ft.
- Education spaces:
  - Four adult classrooms: 1,473 sq. ft.
  - 12 pediatric classrooms: 4,278 sq. ft.
- Meditative spaces:
  - Four quiet/sensory rooms per unit: 5,357 tot. sq. ft.
- Separate adult and pediatric downtown spaces.

# Hospital Transition Milestones

## Fall 2025

- Commencement of standard operating procedure review for the new hospital.
- Records and material reduction.

## Winter 2025

- DTMB and contracted mobility services vendor to determine volume and pricing of transition to the new hospital.

## Spring 2026

- Anticipated move dates determined in coordination with DTMB mobility services vendor.

## Summer 2026

- Building turnover to MDHHS/DTMB anticipated June 1.
- Staff walk-throughs and training.
- DTMB mobility services vendor to provide packing and moving materials to staff.

# Hospital Transition Milestones, Continued

## **Early Fall 2026**

- Training continues to ensure staff competence.
- Dates confirmed for staggered transition into the new facility.

## **Late Fall/Early Winter 2026**

- Operations will continue as appropriate.
- Hospital staggered transition occurs.

## **January 2027**

- Northville hospital fully occupied and operational.

# Fiscal Year 2025 Budget Investments

## Description

- The CCBHC model increases access to a comprehensive array of behavioral health services by serving all individuals with a behavioral health diagnosis, regardless of insurance or ability to pay.
- 13 sites joined in 2021.
- 17 more clinics have been certified and approved to join.
- Expanding to additional sites will offer a sustainable model to provide high quality services to Michigan's most vulnerable populations.

## Proposed Investment

- \$191.5 million gross (\$34.6 million GF) to expand to additional sites.
- \$800,000 gross (\$500,000 GF) to provide program oversight and quality monitoring, technical assistance, and financial operations.
- \$1 million gross (\$500,000 GF) to support actuarial and contractual costs related to the development of CCBHC rates.

## Outcomes

- Serve an estimated 50,000 more people.
- Increase follow-up care after emergency visits for mental health and substance use disorders.

# Michigan Crisis and Access Line (MiCAL)

Ongoing

\$7.2M Gross

\$8.3M GF



## Description

- MiCAL is Michigan's 24/7 statewide crisis, support, information and referral line.
- MiCAL allows people to call, text or chat for help before symptoms get worse, which would require more intensive and expensive care.
- MiCAL answers calls to the 988 Suicide & Crisis Lifeline, which are increasing.
- National 988 back-up centers are currently answering Michigan's 988 texts and chats.
- Many people, especially youth, prefer to chat or text.
- 80% of calls, chats and texts are resolved on the phone.

## Proposed Investment

- \$5 million GF to convert one-time funds from FY 2024 to ongoing.
- \$2.2 million gross (\$1.9 million GF) to support increased costs for 988 marketing.
- \$1.4 million GF to offset reduced federal funds.

## Outcomes

- Provide every Michigander access to trained 24/7 support when they are having a mental health crisis or distress.
- Increase response time.

# Medicaid Behavioral Health Provider Rate Increase

Ongoing

\$36.1M Gross

\$10.2M GF



## Description

- Medicaid reimbursement for outpatient behavioral health services by non-physicians is only 75% of the medical practitioner rate for the same services.
- There is a persistent shortage of behavioral health providers.
- 40% of adults under 65 on Medicaid had a mental health or substance use disorder.
- 13% of Michigan children deal with anxiety and depression.
- Only 5% of Michigan's Medicaid beneficiaries receive outpatient behavioral health services from fully licensed non-physician providers.

## Proposed Investment

- \$36.1 million gross (\$10.2 million GF) to align reimbursement rates of behavioral health practitioners with medical professionals.

## Outcomes

- Increase access to outpatient behavioral health services.
- Reduce health and economic disparities.

# Behavioral Health Workforce



## Description

- Offer scholarships to students seeking careers in behavioral health.
- Support behavioral health providers, community organizations and school partners who can facilitate career pathways, mentorship opportunities, and offer residencies or on-the-job training.
- Provide grants for career training and certification needs.

## Proposed Investment

- \$500,000 ongoing GF for assistance grants to lower-salary professionals to support continuing education, examination fees and supervision costs.
- \$3 million one-time federal American Rescue Plan funding to Michigan's public universities to support expansion of internship and scholarships associated with behavioral health coursework.

## Outcomes

- Improve recruitment.
- Support students pursuing behavioral health careers.
- Improve quality of care.

# Nursing Loan Repayment Program



## Description

- Michigan is experiencing a significant nursing shortage, including certified nursing assistants and registered nurses, which is delaying the treatment in state psychiatric hospitals, the behavioral and physical health community, schools and assisted living facilities.
- This proposal will assist schools and state psychiatric hospitals to attract and retain more nurses to help alleviate the shortage.
- The program will allow for the repayment of a nurse's student loan over a four-year period in return for their commitment to employment.

## Proposed Investment

- \$10 million one-time GF to support a new loan repayment for nurses in return for service in state-operated and non-state-operated facilities.

## Outcomes

- Attract and retain more nurses.
- Improve quality of care.
- Increase access to services.

# Questions & Discussion

## MDHHS Contact Information:

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Thank you!

# Appendix

# Key Features of the CCBHC Model

## Staffing

- Comprehensive staffing model, including peer supports.
- Needs assessment.
- Training requirements.

## Availability and Accessibility of Services

- Timely and meaningful access.
- Service delivery in the community.
- Eligibility for all.
- 24/7/365 crisis response services.

## Care Coordination

- Agreements with community services and health systems.
- Accountability for care coordination.
- Activity, not a service.

## Scope of Services

- Nine core services.
- Person-centered, family-centered, recovery-oriented care.
- Required evidence-based practices.

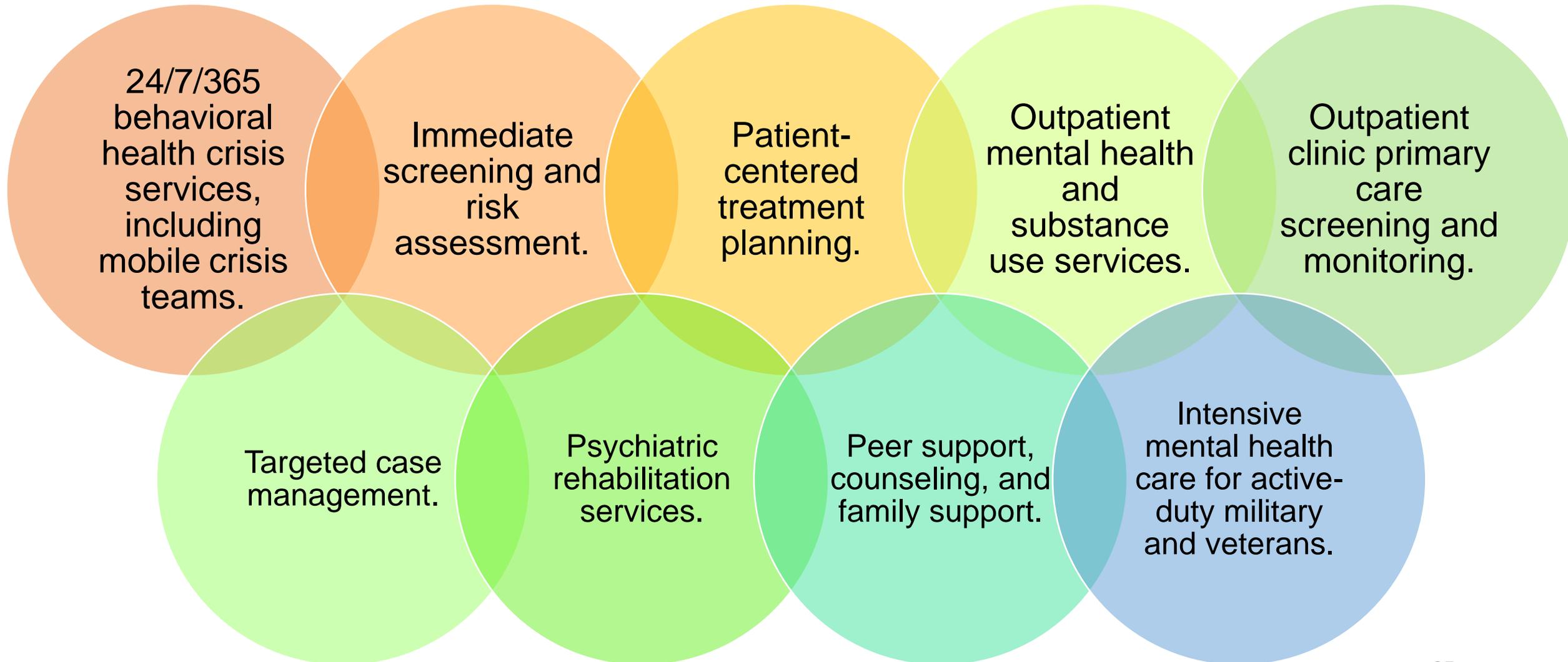
## Quality and Other Reporting

- Annual reporting on quality measures and operational costs.
- Required quality improvement plan.
- Quality bonus payment structure.

## Organizational Authority and Governance

- Appropriate accreditation and licensure.
- Required consumer representation in governance.

# Core CCBHC Services



# CCBHC Financing

## Prospective Payment System (PPS)

- Model involves a cost-informed reimbursement structure for CCBHC services.
- PPS = a daily clinic-based rate.
- Unique to each CCBHC.
- Derived from a clinic-specific cost report.
- Paid for each daily visit, no matter the number of services provided in that visit or the intensity of those services.

## Quality Bonus Payment (QBP)

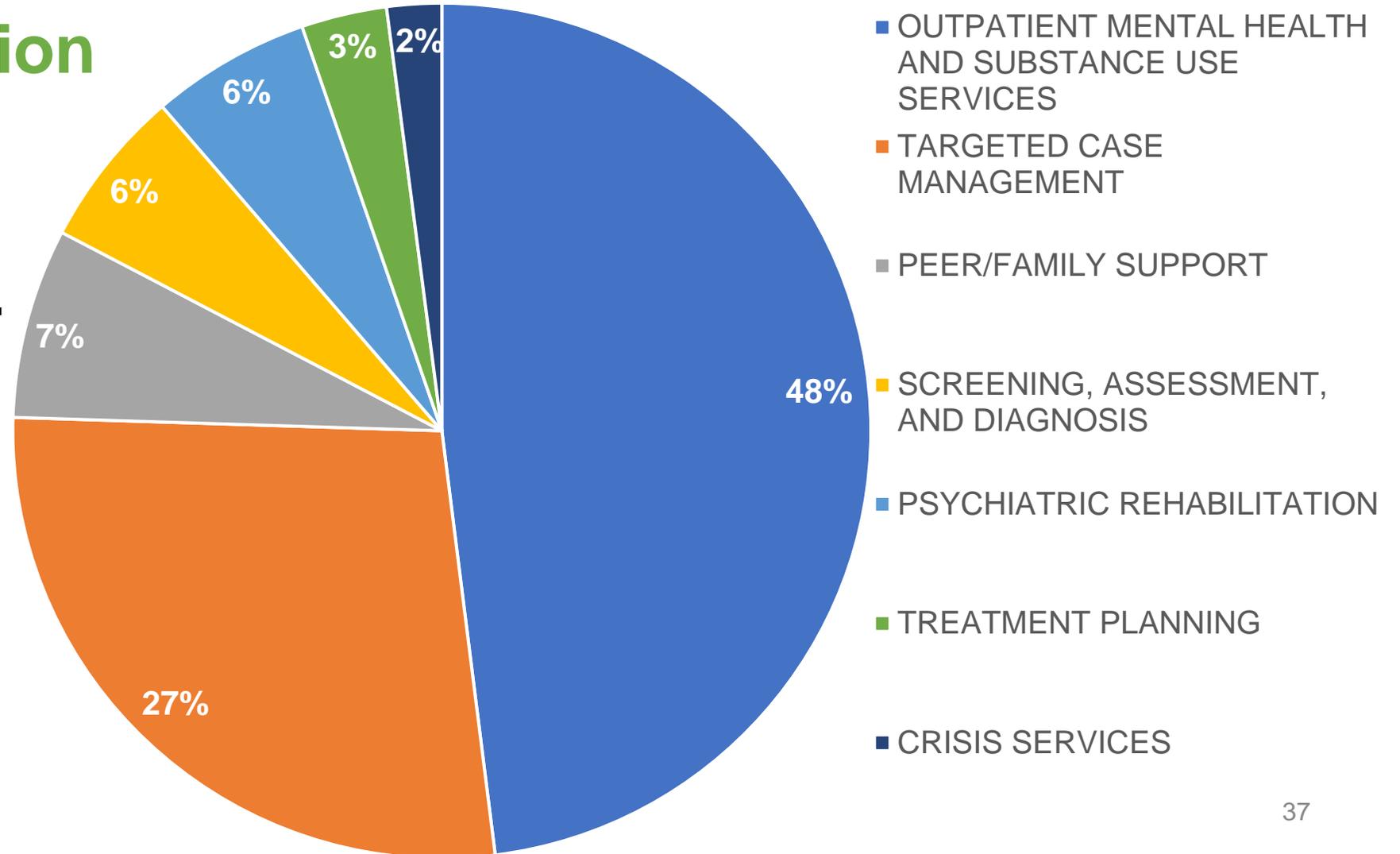
- A QBP is made available to CCBHC providers to incentivize quality and outcomes.
- To receive the QBP, CCBHCs must meet or exceed a defined set of performance benchmarks.

### *PPS Calculation:*

Total Allowable CCBHC Costs  
# of CCBHC Daily Visits Per Year

# CCBHC Services Provided FY 2023

**More than 1 million**  
daily visits and  
**1.2 million**  
CCBHC services.



# Nationwide Outcomes of CCBHCs



## Expanded Access to Care

CCBHCs and grantees are, on average, serving more than 900 people per clinic than prior to CCBHC implementation, representing a 23% increase.

## Alleviating Workforce Shortage

An estimated 11,240 new staff positions were added across all 450 active CCBHCs and grantees (as of August 2022).

## Expanded Access to Medication Assisted Treatment (MAT)

82% of CCBHCs and grantees use one or more forms of MAT for opioid use disorder, compared to only 56% of substance use clinics nationwide that provide any MAT services.

## Coordination with Primary Care

CCBHCs also engage in numerous activities to coordinate and integrate care, from electronic information sharing with care coordination partners to co-locating.

## Crisis Services and Supports for All

Increased crisis services, including mobile crisis, to all populations.

## Collaboration with Justice Systems

96% of all CCBHCs are engaged with the justice system via court partnerships, training and reentry programs.

## Meeting Children, Youth and Families in the Community

94% of CCBHCs deliver services directly to children and youth; 79% deliver services on site at schools.

## Addressing Health Disparities

CCBHCs focus on population health and work to reduce health disparities in their communities.