

About Us

St. Clair Youth Treatment Center (SCYTC), located in Mt. Clemens, is an Evidence-Based Mental Health Program (EBMH). St. Clair prescribes evidence-based, trauma-informed therapeutic services, involves the family and community, and offers diverse social and educational opportunities that fosters a culture of learning, growth, and achievement.

The St. Clair campus features single rooms, an indoor gym, library classroom space, kitchen and dining hall, and outdoor basketball courts and green space.

The St. Clair program features:

- Academy model program with trauma-informed, strengths-based approach
- Rich minimum staff ratio of 1:4 during the day and 1:8 during the evening
- Evidence-based, cognitive behavioral curricula
- Positive organizational culture which emphasizes positive reinforcement, de-escalation, individual soothing and regulation plans
- Located within the Macomb County Juvenile Justice Center with full access to Clinical, Medical, Dining Hall, Library, Gymnasium and outdoor grounds.



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RITE OF PASSAGE
IMPROVING THE LIVES OF YOUTH



A Rite of Passage Program



Target Population

SCYTC serves male high school youth who have mental health, substance abuse and/or behavioral needs.

Supportive Campus Culture

Upon entering our program, youth become part of a cohesive, supportive, dynamic community of peers and highly-qualified staff. St. Clair embraces youth with a wide spectrum of needs and ensures that each one experiences belonging in an encouraging, nurturing treatment milieu. Our program provides trauma-informed care with targeted treatment and interventions specific to the individual risks and needs of each youth.

Evidence Based Treatment Curricula

Driven by the youth's assessed needs, an Individualized Treatment Plan is created that prescribes individual and group therapy. Family therapy is provided as needed.

Evidence-based cognitive behavioral therapy includes:

- Seeking Safety for Adolescents
- Thinking for a Change (T4C)
- Aggression Replacement Training (ART)
- UCCI Cognitive Behavioral Interventions for Substance Abuse
- Motivational Interviewing (MI)



Education

St. Clair Youth Treatment Center provides year round, accredited, quality education and academic support for youth to successfully gain academic skills, accumulate credits, and gain independence and self-reliance. Education is provided through a blended learning model that builds upon each student's strengths while encouraging them to succeed. Special education compliant with all Michigan Department of Education and Federal Standards is also provided.

Family Engagement

St. Clair encourages families to fully participate in every aspect of their son's treatment, education, programming, and discharge.

Family therapy is provided which promotes attachment, positive behavior, conflict resolution/reduction and development of strategies for reconciliation and reunification. At minimum, family therapy will be provided monthly, available during the weekends and on scheduled weekdays via teletherapy.

Improving the lives of youth and families.