

**Growth Works, Inc.**

**CWW Substance Use Disorder Treatment Program**

**Activity Report for October 2023- September 2024**

**PEER COACHING**

The Growth Work’s Rescue Recovery program, also known as the peer recovery coaching component of the agency, was offered to 653 clients from October 2023 - September 2024. Of the 653 clients, 589 clients requested Peer Support Services with 64 declining the opportunity to work with a peer coach (Table 1.). Potential participants were offered Peer Recovery Coach (PRC) services through Trinity Health- Livonia Hospital, during both routine and emergency visits. A smaller number of clients were engaged in other community settings including referrals from treatment courts and public safety departments and other clinical services. Of the 589 clients that had requested Peer Support Services, 550 clients had actual contact with a peer coach (Table 2.).

<b>Table 1. Response Rate To Offer of PRC Services</b>	<b>1st Quarter</b>	<b>2nd Quarter</b>	<b>3rd Quarter</b>	<b>4th Quarter</b>	<b>Total</b>	
Requested Peer Support Services	158	128	117	186	589	90%
Declined Peer Support Services	20	26	14	4	64	10%
<b>Total</b>	<b>178</b>	<b>154</b>	<b>131</b>	<b>190</b>	<b>653</b>	<b>100%</b>

<b>Table 2. Location of Initial Contact</b>	<b>1st Quarter</b>	<b>2nd Quarter</b>	<b>3rd Quarter</b>	<b>4th Quarter</b>	<b>Total</b>	
St. Mary’s Mercy Livonia (See Table 1.2 Below)	86	62	97	136	381	69%
Bridge Clinic	7	7	3	0	17	3%
District Courts & Probation	12	17	19	17	65	12%
Community	17	20	11	36	84	15%
Police Departments	0	1	1	1	3	1%
FQHC/MD	0	0	0	0	0	0%
<b>Total</b>	<b>122</b>	<b>107</b>	<b>131</b>	<b>190</b>	<b>550</b>	<b>100%</b>

Potential participants presented at Trinity Health- Livonia Hospital for substance abuse related conditions including over-dose, health, or other impairment due to chronic addiction, or through client-identified need. The primary target population is opioid using patients. At the point of contact the program is explained and the patient is offered the opportunity to speak directly with a Peer Recovery Coach for further information and the opportunity to engage in some level of peer support and connection to treatment options. Of the potential participants contacted during the reporting period, 550 followed through with initial contact with a Peer Recovery Coach. While all clients were contacted, not all clients provided accurate contact information limiting the Peer Recovery Coaches’ ability to connect to every client.

Rescue Recovery staff respond to emergency requests for PRC by the Emergency Department and other hospital units (response time to the hospital is between 60-90 minutes pending weather conditions).

Requests are also received for non-emergency cases when the client has been admitted or is being seen on an outpatient basis. (See Table 3. Below). Responses in this last year have been able to remain as in-person activities, while also following all COVID- protocols within Trinity Health-Livonia Hospital. This has helped ensure best client care practices, while also having a focus on overall public health. At the time of this report, client care continues to be provided as in-person interactions while also being adaptable to closures within various units due to COVID-19 positive cases as they arise. When positive cases arise, clients are contacted via: phone with the support of hospital staff.

<b>Table 3. Emergency vs Non-Emergency Contacts</b>	<b>1st Quarter</b>	<b>2nd Quarter</b>	<b>3rd Quarter</b>	<b>4th Quarter</b>	<b>Total</b>	
Emergency/Crisis	74	64	78	99	315	58.12%
Non-Emergency	39	44	53	91	227	41.88%
<b>Total</b>	<b>113</b>	<b>108</b>	<b>131</b>	<b>190</b>	<b>542</b>	<b>100%</b>

Following the initial contact, and agreement to speak with a PRC, the patient is matched with a PRC who “case manages” them through their hospitalization as well as detoxification and treatment if appropriate. PRC will conduct a brief interview with the participant and complete an assessment, which is utilized by the PRC for recovery planning. The PRC will follow-up with daily phone and personal contact to schedule continuing PRC services upon discharge.

As part of the peer support process the PRC will provide the participant with materials addressing options, next steps, community resources etc. Growth Works will work with these individuals to develop a recovery plan that identifies the next steps towards the participants overall recovery goals. The PRC may assist the participant in entering substance abuse treatment or the most appropriate level of care, be that outpatient or in a residential setting. The PRC maintains contact as appropriate through the treatment experience as well as their return to the community outside of treatment.

Of the 612 participants who had initial/first time engagement with PRC services, during the report period, 494(81%) followed through with some level of continued engagement, such as entering treatment and/or maintaining some kind of ongoing PRC contact. (Table 4.)

<b>Table 4. Patient Engagement After Initial Contact</b>	<b>Initial Request for PRC</b>	<b>Receiving Ongoing PRC Service</b>
October	63	47
November	62	48
December	38	34
January	38	28
February	48	42
March	42	37
April	45	29
May	48	36
June	38	20
July	64	56

August	59	53
September	67	64
Total	612	494

During the 2023/24 Fiscal Year the PRCs have had approximately 13,957 total contacts with program participants, including phone, face-to-face and facetime/zoom meetings. Coaches and clients have a minimum of 1x/ week interaction with clients and have averaged 7.6 contacts/ month per client with an average of 153 active clients/month. Clients remain engaged for an average of three months, although some continue in services for much longer.

<b>Table 5. Client Contacts</b>	<b>Active Clients During Month</b>	<b>Approximate* Contacts</b>
October	164	1179
November	135	1091
December	164	989
January	150	1139
February	113	1123
March	150	1297
April	169	1116
May	177	1352
June	157	1192
July	155	1178
August	149	1146
September	152	1155
Average	152.91667	1163.083333

<b>Table 1.2 Hospital Contact Detail</b>	<b>1st Quarter</b>	<b>2nd Quarter</b>	<b>3rd Quarter</b>	<b>4th Quarter</b>	<b>Total</b>	
Behavioral Health Unit	23	22	35	33	113	30%
Emergency Department	40	32	47	79	198	52%
Hospital IOP	13	2	0	0	15	4%
Medical Floor	10	5	15	24	54	14%
<b>Total</b>	<b>86</b>	<b>61</b>	<b>97</b>	<b>136</b>	<b>380</b>	<b>100%</b>

The following chart indicates the level of care for clients who initiated PRC service year to date.

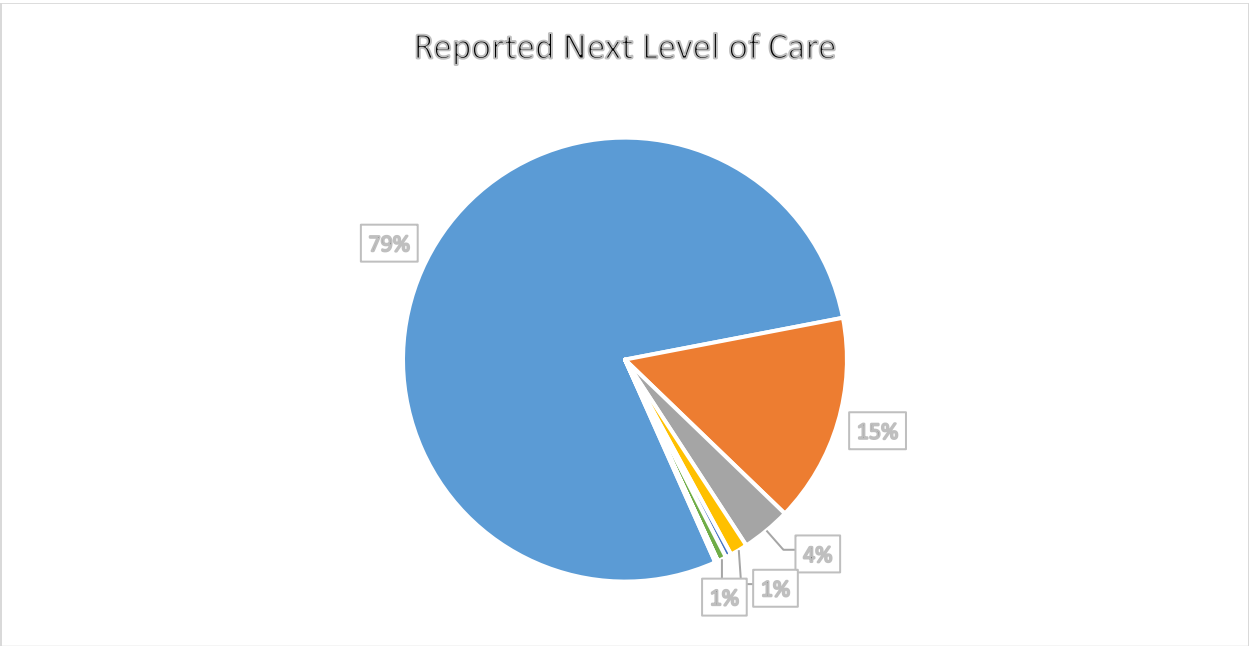
In the last year the Chemical Dependency Unit and IOP programming have closed within the hospital, despite this the Rescue Recovery Program has continued our partnership with the Bridge Clinic within IHA – Livonia at Trinity Health- Livonia Hospital. Recovery Medicine Physicians Dr. Rivkin and Dr. Sullivan have been referring their patients to the coaching program for additional community recovery support with patients that they have identified needing these resources. Some of their patients may already be connected to the Rescue Recovery Program based on their prior interactions with the Emergency Department and Medical Unit respectively.

Next Level of Care				
Count of Name	1st Q	2nd Q	3rd Q	4th Q
Peer Services	103	83	112	74
Inpatient	13	18	26	15
IOP	2	2	1	1
Outpatient (blank)	3	2	4	6
GW Adult Tx		1		
CDU/BHU				
MAT	1			
Declined Treatment		1		
Sober Living	1		1	
Out of County				3
Wayne County Jail				
Grand Total	123	107	144	99

**Next Level of Care**

Peer Services	372
Residential Treatment	72
Outpatient (Inc. MAT)	17
IOP (St. Mary's)	6
Sober Living	2
Out of County	3
CDU (St. Mary's)	0
None	1

**Total Reported 473**



## **HOSPITAL BASED PEER SUPPORT GROUPS**

Onsite peer recovery coach led groups at Trinity Health- Livonia Hospital have taken place this last year on the Behavioral Health Unit in a face-to-face capacity while following all COVID protocols. These groups are attended by patients who have expressed interest in peer support services through Trinity Health- Livonia Hospital and would like to continue to work with a PRC upon discharge. Groups are interactive, and attendees are encouraged to engage and participate in recovery concept-based discussion. Peer coaches use self-disclosure, recounting their own story of addiction and recovery to encourage the participants to begin to disclose and engage with the PRC. PRC's also have established groups that meet in the community or virtually with their clients that meet weekly to offer ongoing support in a group capacity.