

**Growth Works, Inc.**

**CWW Substance Use Disorder Treatment Program**

**End of Year- Activity Report for October 2024-August 2025**

**PEER COACHING**

The Growth Work’s Rescue Recovery program, also known as the peer recovery coaching component of the agency, was offered to 844 new clients from October 2024- August 2025. Of the 844 clients, 752 clients requested Peer Support Services (Table 1.). Potential participants were offered Peer Recovery Coach (PRC) services through Trinity Health- Livonia and Ann Arbor Hospitals, during both routine and emergency visits. A smaller number of clients were engaged in other community settings including referrals from treatment courts and public safety departments. Of the 844 new clients there were an additional 31 repeat/past clients that had newly requested Peer Support Services, resulting in 875 clients having actual contact with a peer coach to date (Table 2).

<b>Table 1. Response Rate To Offer of PRC Services</b>	<b>1st Quarter</b>	<b>2nd Quarter</b>	<b>3rd Quarter</b>	<b>4th Quarter</b>	<b>Total</b>	
Requested Peer Support Services	161	165	283	143	752	89%
Declined Peer Support Services	19	24	26	23	92	11%
<b>Total</b>	<b>180</b>	<b>189</b>	<b>309</b>	<b>166</b>	<b>844</b>	<b>100%</b>

<b>Table 2. Location of Initial Contact</b>	<b>1st Quarter</b>	<b>2nd Quarter</b>	<b>3rd Quarter</b>	<b>4th Quarter</b>	<b>Total</b>	
Trinity Health Livonia	118	104	167	81	470	54%
Trinity Health AA	2	42	108	50	202	23%
Bridge Clinic	1	0	0	0	1	0%
District Courts & Probation	31	14	24	20	89	10%
Community	23	32	35	22	112	13%
Police Departments	0	1	0	0	1	0%
FQHC/MD	0	0	0	0	0	0%
<b>Total</b>	<b>175</b>	<b>193</b>	<b>334</b>	<b>173</b>	<b>875</b>	<b>100%</b>

Potential participants presented at Trinity Health- Livonia Hospital and Trinity Health- Ann Arbor Hospital for substance abuse related conditions including over-dose, health, or other impairment due to chronic addiction, or through client-identified need. The primary target population is opioid using patients but also supports anyone with substance use concerns. At the initial point of contact the program is explained and the patient is offered the opportunity to speak directly with a Peer Recovery Coach for further information and the opportunity to engage in some level of peer support. Of the potential participants contacted during the reporting period, 875 followed through with initial contact with a Peer Recovery Coach. While all clients were contacted, not all clients provided accurate contact information limiting the Peer Recovery Coaches’ ability to connect to every client.

Rescue Recovery staff respond to emergency requests for PRC by the Emergency Department and other hospital units (response time to the hospital is between 60-90 minutes pending weather conditions). Requests are also received for non-emergency cases when the client has been admitted or is being seen on an outpatient basis. (See Table 2. Above).

<b>Table 3. Response Rate To Offer of PRC Services</b>	<b>1st Quarter</b>	<b>2nd Quarter</b>	<b>3rd Quarter</b>	<b>4th Quarter</b>	<b>Total</b>	
Requested Peer Support Services	161	165	283	143	752	89%
Declined Peer Support Services	19	24	26	23	92	11%
<b>Total</b>	180	189	309	166	844	100%

Following the initial contact, and agreement to speak with a PRC, the patient is matched with a PRC who “case manages” them through their hospitalization as well as any potential detoxification and treatment as deemed appropriate. PRC conducts a brief interview with the patient and completes an assessment, which is utilized by the PRC for recovery planning. The PRC also follows up with weekly phone calls and engages in community-based contact for ongoing PRC services upon discharge.

As part of the ongoing peer support process the PRC will provide the participants with materials and support addressing options, next steps, community resources etc. Peers will work with these individuals to develop a recovery plan that identifies the next steps towards the participants’ overall recovery goals. The PRC may assist the participant in entering substance abuse treatment or the most appropriate level of care, be that outpatient or in a residential setting. The PRC maintains contact as appropriate through the treatment experience.

Of the 752 participants who had initial/first time engagement with PRC services, during the report period, 652 (87%) followed through with some level of continued engagement, such as entering treatment and/or maintaining some kind of ongoing PRC contact. (Table 4.)

<b>Table 4. Patient Engagement After Initial Contact</b>	<b>Initial Request for PRC</b>	<b>Receiving Ongoing PRC Service</b>
October	67	60
November	52	50
December	42	42
January	65	47
February	52	46
March	48	44
April	84	73
May	87	76
June	112	91
July	63	53
August	80	70
September		
<b>Total</b>	752	652

During this reporting period the PRCs have had approximately 13,549 contacts with program participants this year, including phone, face-to-face and tele-health meetings. Coaches and clients have a minimum of 1x/ week interaction with clients and have an average of 7.5 contacts/ month per client. Clients remain engaged for an average of three months, although some continue in services for much longer.

<b>Table 5. Client Contacts</b>	<b>Active Clients During Month</b>	<b>Approximate* Contacts</b>
October	146	1091
November	148	1139
December	156	1297
January	162	1263
February	159	1145
March	155	1193
April	168	1236
May	172	1277
June	178	1264
July	167	1319
August	184	1324.8
September		
Average	163.18182	1231.709091

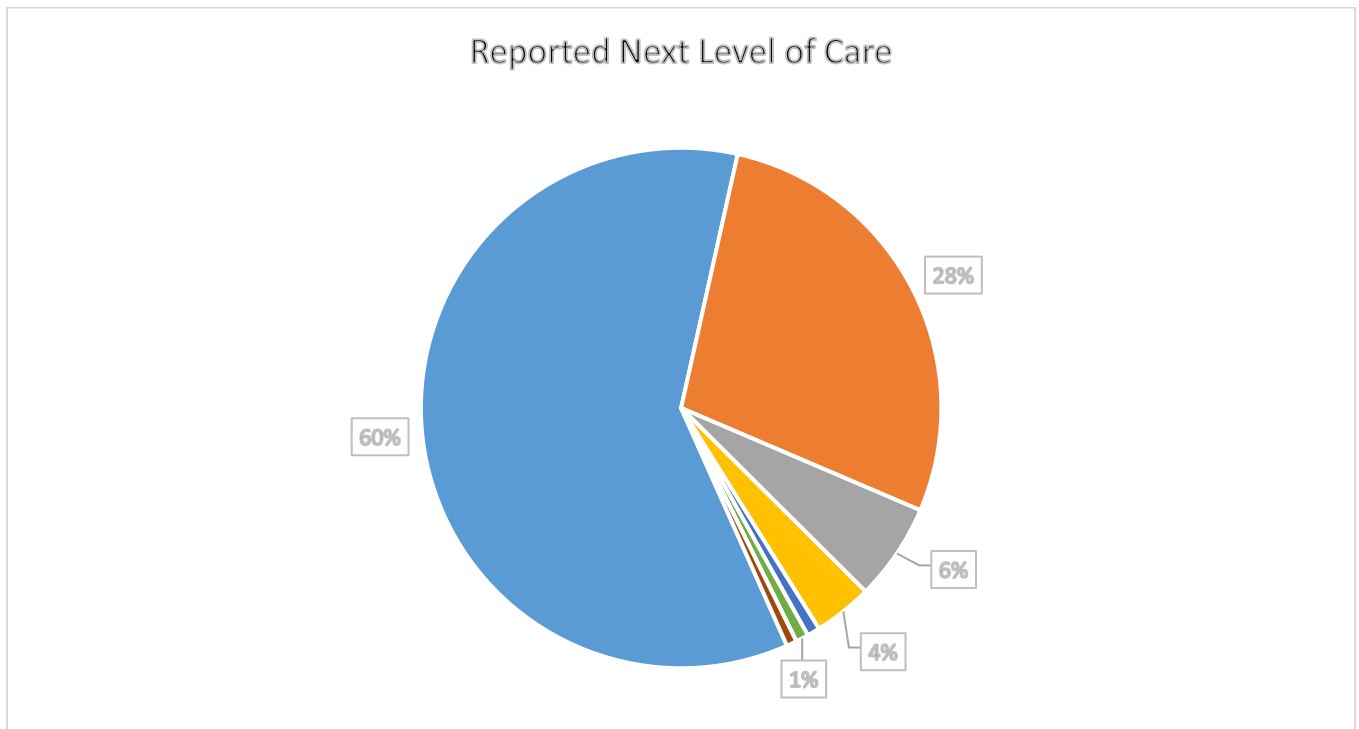
Table 1.2 represents the number of clients who were referred by each of the hospitals and their respective departments.

<b>Table 1.2 Hospital Contact Detail- Livonia</b>	<b>1st Quarter</b>	<b>2nd Quarter</b>	<b>3rd Quarter</b>	<b>4th Quarter</b>	<b>Total</b>	
Behavioral Health Unit	28	23	26	19	96	20%
Emergency Department	61	63	103	56	283	60%
Hospital IOP	0	0	0	0	0	0%
Medial Floor	29	18	38	6	91	19%
<b>Total</b>	118	104	167	81	470	100%

<b>Table 1.2 Hospital Contact Detail- Ann Arbor</b>	<b>1st Quarter</b>	<b>2nd Quarter</b>	<b>3rd Quarter</b>	<b>4th Quarter</b>	<b>Total</b>	
Behavioral Health Unit	0	32	54	31	117	59%
Emergency Department	0	10	54	19	83	42%
Hospital IOP	0	0	0	0	0	0%
Medial Floor	0	0	0	0	0	0%
<b>Total</b>	0	42	108	50	200	100%

The following chart indicates the level of care for clients who initiated PRC service year to date.

<b>Next Level of Care</b>				
<b>Count of Name</b>	<b>1st Q</b>	<b>2nd Q</b>	<b>3rd Q</b>	<b>4th Q</b>
Peer Services	141	61	116	61
Inpatient	35	36	80	25
IOP	1	9	8	5
Outpatient	6	5	7	4
GW Adult Tx	2	12	1	0
MAT	0	0	1	0
Declined Treatment	1	3	0	0
Sober Living	2	1	2	0
Out of County	5	0	0	0
<b>Grand Total</b>	<b>193</b>	<b>127</b>	<b>215</b>	<b>95</b>



## **HOSPITAL BASED PEER SUPPORT GROUPS**

Onsite peer recovery coach led groups at Trinity Health- Livonia Hospital have continued to take place this year on the Behavioral Health Unit in a face-to-face capacity. These groups are attended by patients who have expressed interest in peer support services through Trinity Health- Livonia Hospital and would like to continue to work with a PRC upon discharge. Groups are interactive, and attendees are encouraged to engage and participate in recovery concept-based discussions. Peer coaches use self-disclosure, recounting their own story of addiction and recovery as a means to encourage the participants to begin to disclose and engage with the PRC.