

**At Team Wellness, we're all working together too, to treat all parts of you.**

With programs and therapies that focus on your mental well-being, diagnostics and treatments to address your physical needs, we deliver a wealth of support services to make your life more manageable and less stressful. WE DO IT ALL, TO TREAT ALL OF YOU!

**What can we do for you today?**

### TEAM WELLNESS FAST FACTS.

- Same-day appointments, with or without referrals
- Evening and weekend clinical services
- Classes and workshops offered daily
- Health planning
- Fitness and nutrition services, at no cost to members
- All insurances accepted, including Medicaid pending



**TEAM WELLNESS**  
CENTER



## THREE LOCATIONS

### EASTERN MARKET

📍 2925 Russell St.  
Detroit, MI 48207  
☎ 313.396.5300

### SOUTHGATE

📍 14799 Dix-Toledo Rd.  
Southgate, MI 48195  
☎ 734.324.8326

### TEAM WELLNESS CENTER - EAST

📍 6309 Mack Ave.  
Detroit MI, 48207  
☎ 313.331.3435

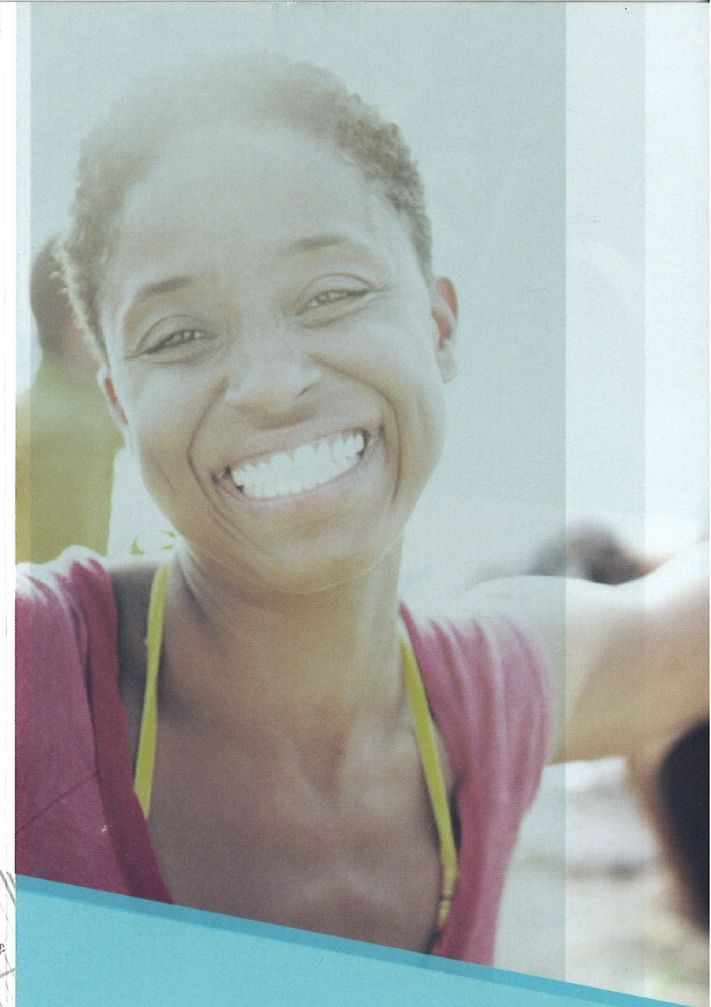


Operating hours: 9 am - 5 pm, Mon. - Fri. at all locations.  
Many services available 24 hours a day.



[teamwellnesscenter.com](http://teamwellnesscenter.com)

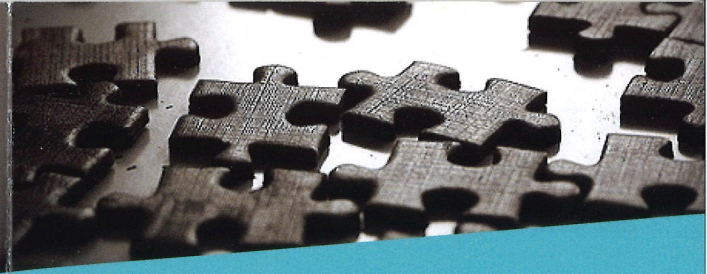
Call for your free appointment today.



**WHAT CAN WE DO FOR YOU?**



**TEAM WELLNESS**  
CENTER



## *Mental Health*

- Psychiatric evaluation
- Medication-assisted treatment
- Medication management/nursing
- Outpatient therapy
- Care coordination
- Crisis intervention
- Substance use disorders
- Group therapy
- Assistance programs for the intellectually and developmentally disabled
- Peer services
- Depression screening
- Trauma support



## *Physical Health*

- Primary care services
- Vitals monitoring
- X-ray services
- On-site lab
- On-site pharmacy
- Vision care
- Podiatry clinic
- Nursing follow-up for chronic health conditions
- Full dental and dental hygiene care
- Smoking cessation programs
- Health education
- Yoga classes



## *Support Services*

- Housing assistance
- Food vouchers
- Transportation
- Clothing
- Laundry facility
- Shower facilities, including personal hygiene supplies
- Barber shop services
- Employment training and placement
- GED classes
- Vocational/skilled trade training
- Culinary arts program
- Horticulture classes
- AA and NA 12-step groups
- Meditation classes
- Faith-based counseling
- Legal services
- DHHS assistance

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Center has been  
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the well-being of  
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services. Team's  
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life, continuous  
, and healing.

HEALTH



GET  
STARTED  
TODAY

SCHEDULE YOUR CHILD'S FIRST VISIT TODAY AND  
TAKE THE FIRST STEP TOWARD A BRIGHTER FUTURE!

888-813-TEAM (8326)

TEAM WELLNESS CENTER  
10201 E. JEFFERSON AVE. DETROIT, MI 48214

PROUD PARTNER OF  
DETROIT WAYNE INTEGRATED HEALTH NETWORK



WWW.TEAMWELLNESSCENTER.COM

"that you wish to see in the world!"  
MAHATMA GANDHI



TEAM  
WELLNESS  
*Center*

*Children, Teens & Families*

BRIGHT  
FUTURES  
BEGIN HERE

INTEGRATED PHYSICAL AND BEHAVIORAL  
HEALTH CARE FOR CHILDREN AND TEENS

DOSE  
CENTER?

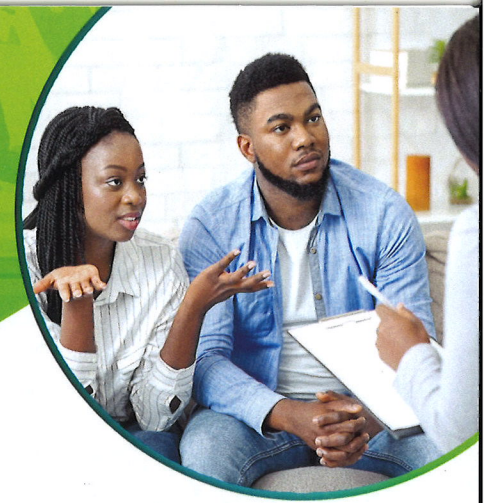
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# COMPREHENSIVE *Care* FOR EVERY CHILD

INTEGRATED + COMPASSIONATE + PERSONALIZED



CASE MANAGEMENT  
MEDICATION REVIEWS  
THERAPY  
ON-SITE PHYSICIANS  
CHILD PSYCHIATRY

SPEECH THERAPY  
DENTAL SERVICES  
OCCUPATIONAL THERAPY  
DIAGNOSTICS SERVICES  
IMMUNIZATIONS + VACCINES  
SUBSTANCE USE  
DISORDER TREATMENT  
SCHOOL + SPORTS PHYSICALS  
IEP + SCHOOL SUPPORT  
BEHAVIORAL HEALTH  
ASSESSMENT + TREATMENT

FAMILY COUNSELING  
FOSTER CARE SUPPORT  
VISION SCREENINGS  
HEALTH EDUCATION  
HEARING SCREENINGS  
PHYSICAL THERAPY  
CHILDREN + TEEN GROUPS  
ON-SITE LAB  
ON-SITE PHARMACY  
SUPERVISED VISITATION  
TUTORING  
YOUTH + PARENT PEER  
SUPPORT SPECIALISTS