

becoming an

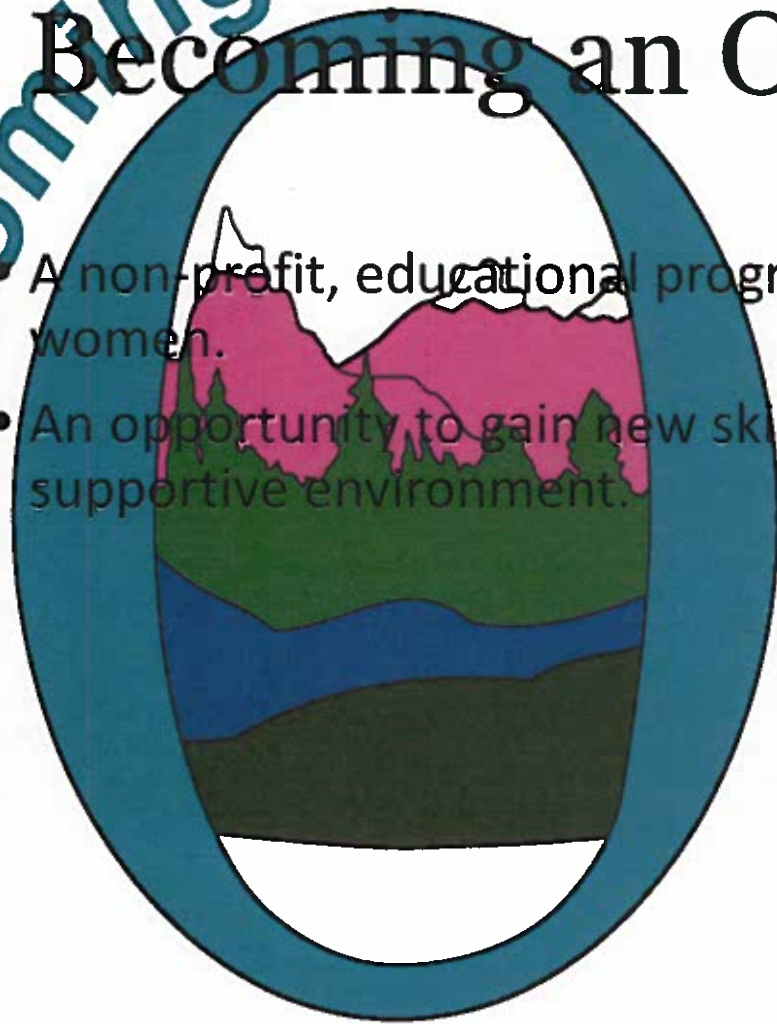


utdoors-
Woman
In Michigan®

becoming an

Becoming an Outdoorswoman

- A non-profit, educational program offering hands-on workshops to adult women.
- An opportunity to gain new skills or improve technique in a relaxed, supportive environment.



utdoors-
Woman
In Michigan®

becoming an History

- Becoming an Outdoorswoman was started by Christine Thomas of University of Wisconsin – Stevens Point in 1991.
- The first Becoming An Outdoorswoman *in Michigan* was in 1998 at Clear Lake Education Center and had 63 participants.
- To accommodate our growing number of participants, which averages 95 (in summer), current BOW workshops are held at Bay Cliff Health Camp on the beautiful shores of Lake Superior.

Outdoors-
Woman
In Michigan®

becoming an

Structure

- BOW workshops are coordinated by a committee made up of women from across the state including Kalamazoo, Sault Ste. Marie and Marquette County.
- Majority of committee members are volunteers and not affiliated with the DNR. Rather, they are teachers, human services workers, public speakers, nurses and county employees who all have a passion for the outdoors and the desire to share their knowledge.
- The committee meets monthly to plan/coordinate the weekend workshops as well as Beyond BOW events.
- The BOW weekend workshops are staffed by an additional 30-45 instructors who are mostly volunteers.

Outdoors-
Woman
In Michigan®

becoming an Structure

- Becoming an Outdoorswoman workshops offer 3 to 4 three-hour sessions over the course of a three-day weekend
- Optional morning and evening programs are provided such as yoga, speakers, shooting simulators, night hikes and snowshoeing, and silent auction.
- The whole weekend costs a participant under \$200 which includes room and board.



becoming an

Sample Class List – SUMMER BOW

- Shotgun
- Handgun
- Rifle
- Gun Cleaning
- Map & Compass, GPS
- Archery
- Fly Fishing
- Arrow Building
- Lake Fishing

- Wilderness First Aid
- Boating & Safety
- Kayaking
- Backpacking/Hiking
- Wilderness Survival
- Paddle Boarding
- Mountain Biking
- Birding Basics
- Photography

utdoors-
Woman
In Michigan®

becoming an

Sample Class List – WINTER BOW

- Ice Fishing
- Fly Tying
- Cross Country Skiing
- Dog Sledding
- Skijoring
- Fish Identification
- Basic Snowshoe
- Arrow Building

- Wilderness First Aid
- Archery
- Backcountry Cooking
- Hand & Power Tools
- Self Confidence
- Fat Tire Biking
- Winter Camping & Quinzhees

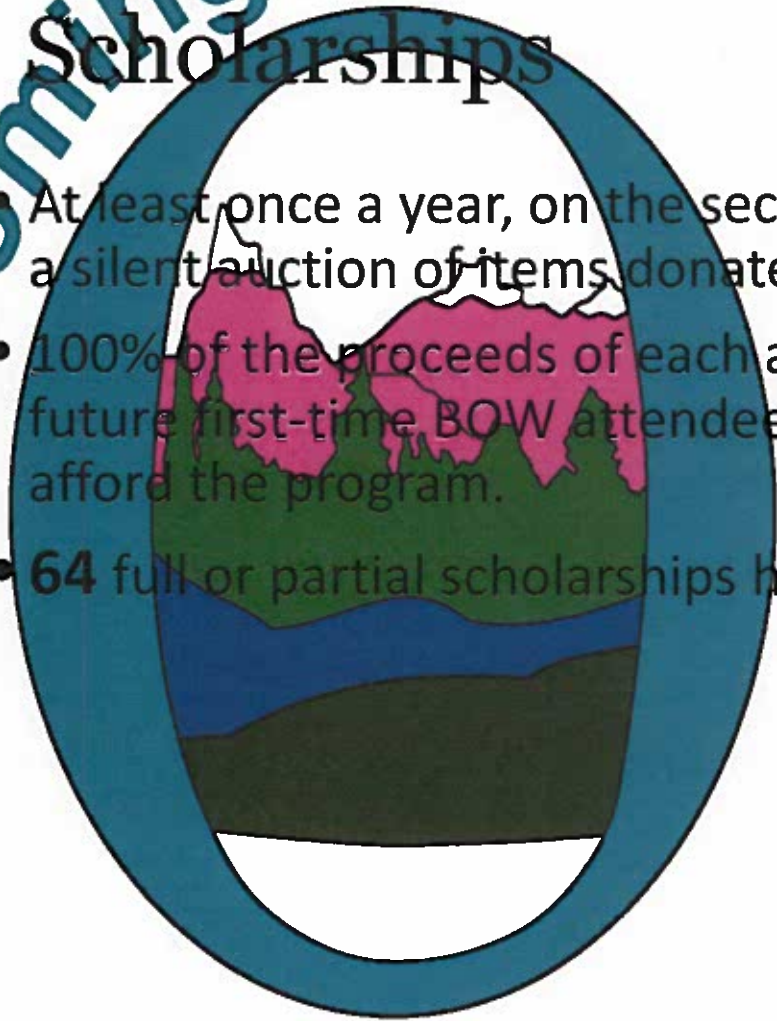
outdoors-
Woman
In Michigan®

becoming an

Scholarships

- At least once a year, on the second night of the BOW workshop, we hold a silent auction of items donated by the participants.
- 100% of the proceeds of each auction funds a scholarship program for future first-time BOW attendees who may not otherwise be able to afford the program.
- **64** full or partial scholarships have been awarded since June of 2011!

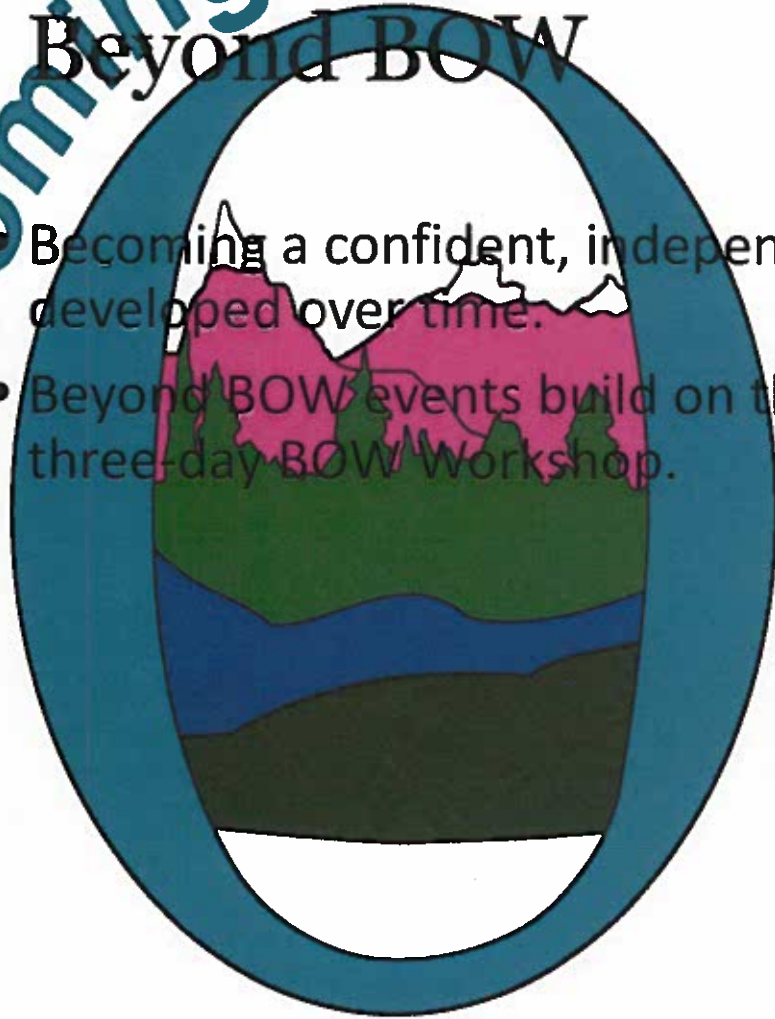
utdoors-
Woman
In Michigan®



becoming an

Beyond BOW

- Becoming a confident, independent outdoors-person is a process that is developed over time.
- Beyond BOW events build on the beginner skills learned at the standard three-day BOW Workshop.



utdoors-
Woman
In Michigan®

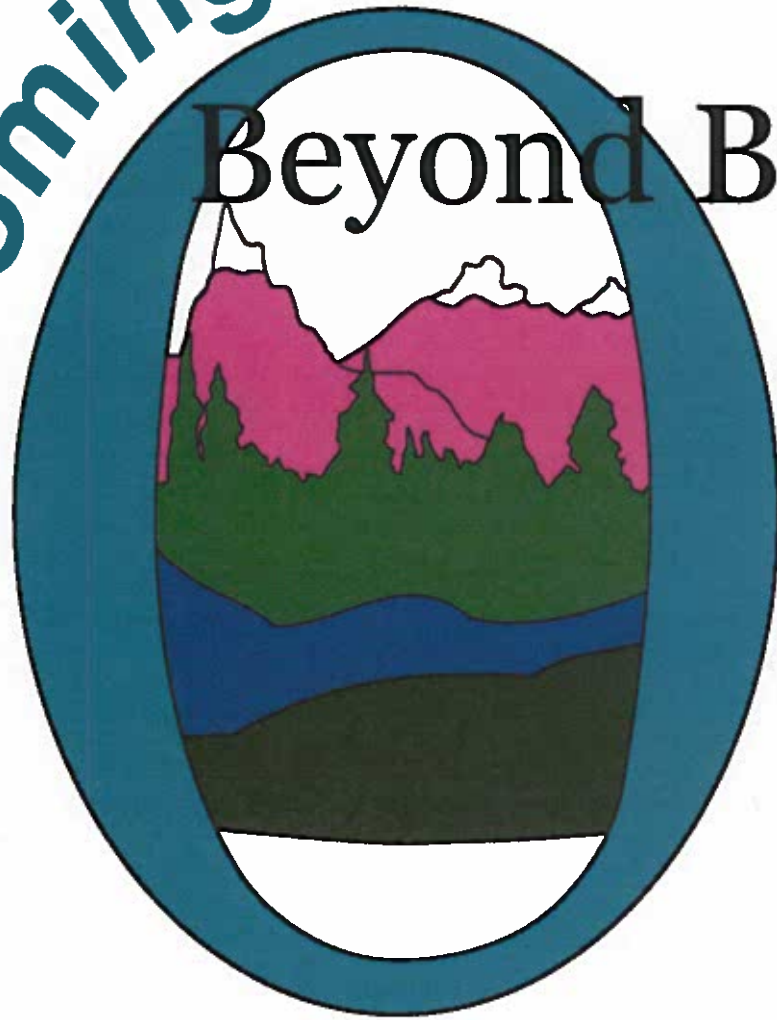
becoming an

Beyond BOW

- Backpacking in the Porcupine Mountains Wilderness State Park, Craig Lake State Park, Pictured Rocks National Lakeshore
- Fly Fishing
- Salmon Fishing
- Pheasant Hunting
- Skeet Shooting
- Winter Sports Workshops, including ice fishing, snowshoeing and cross-country skiing
- Mother/Daughter events
- Hiking and Kayaking

*utdoors-
Woman
In Michigan®*

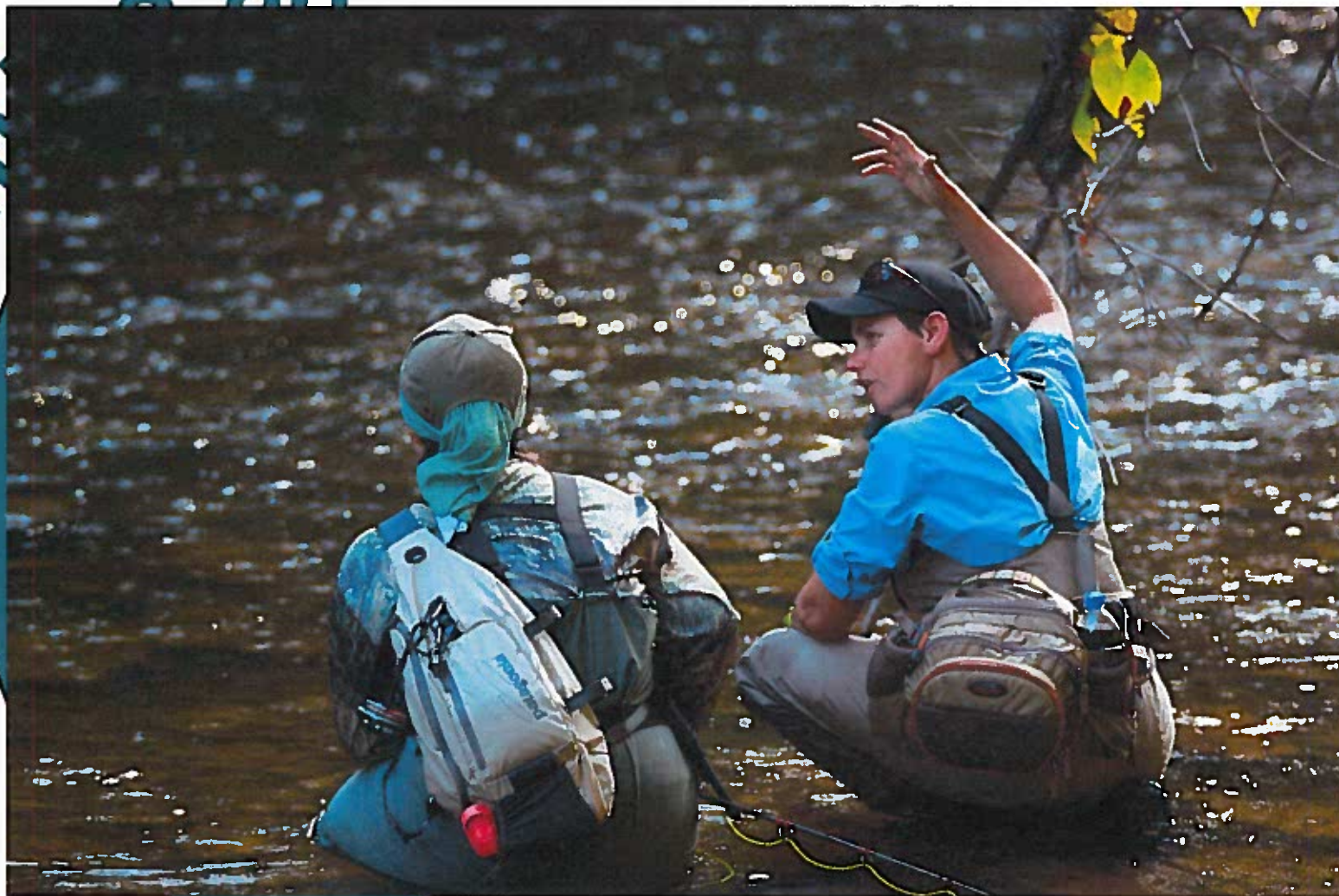
becoming an



Beyond BOW - Fishing

*utdoors-
Woman*
In Michigan®

becom
an



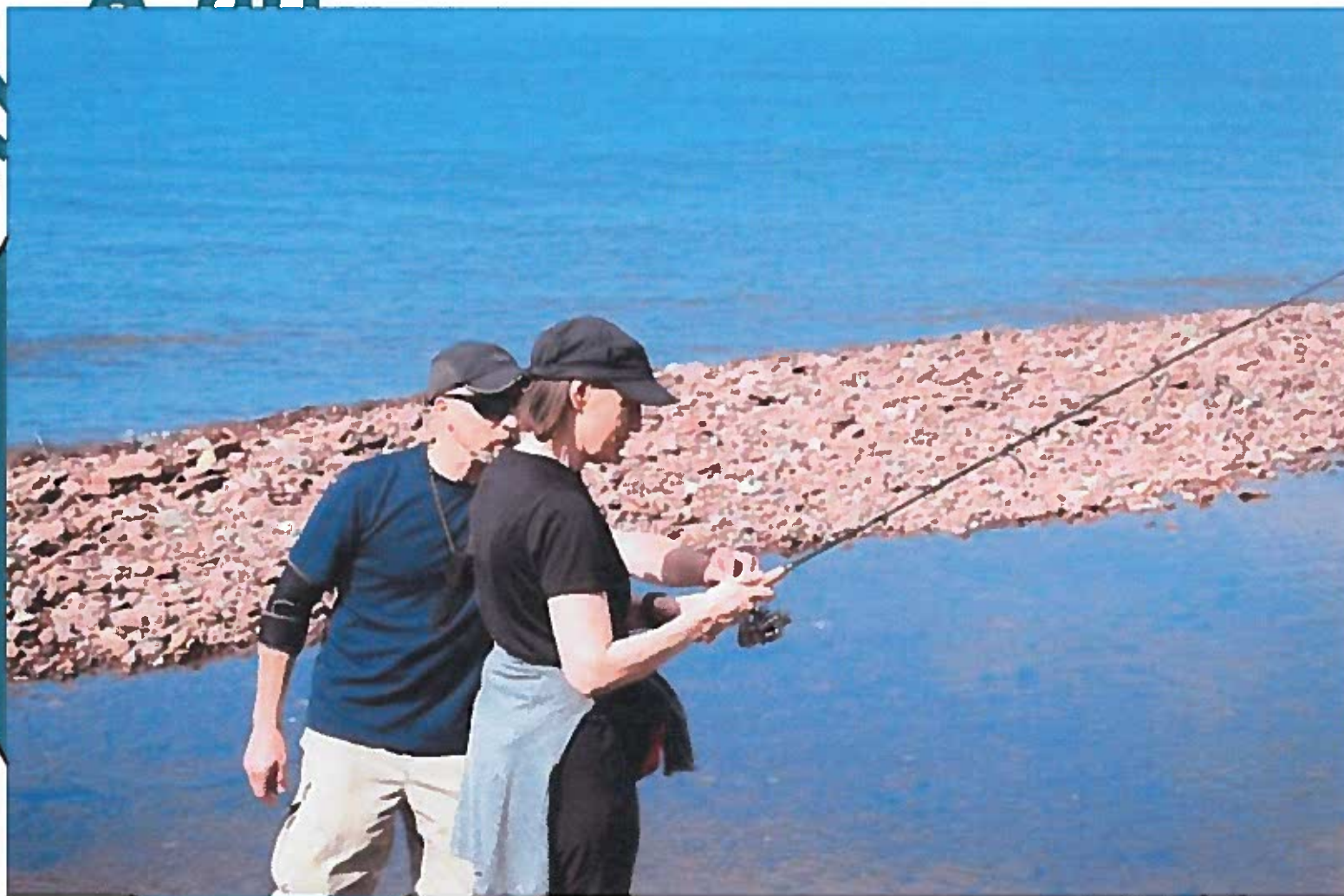
S-
n
n®

becoming an



S-
n
®

becoming an



S-

n

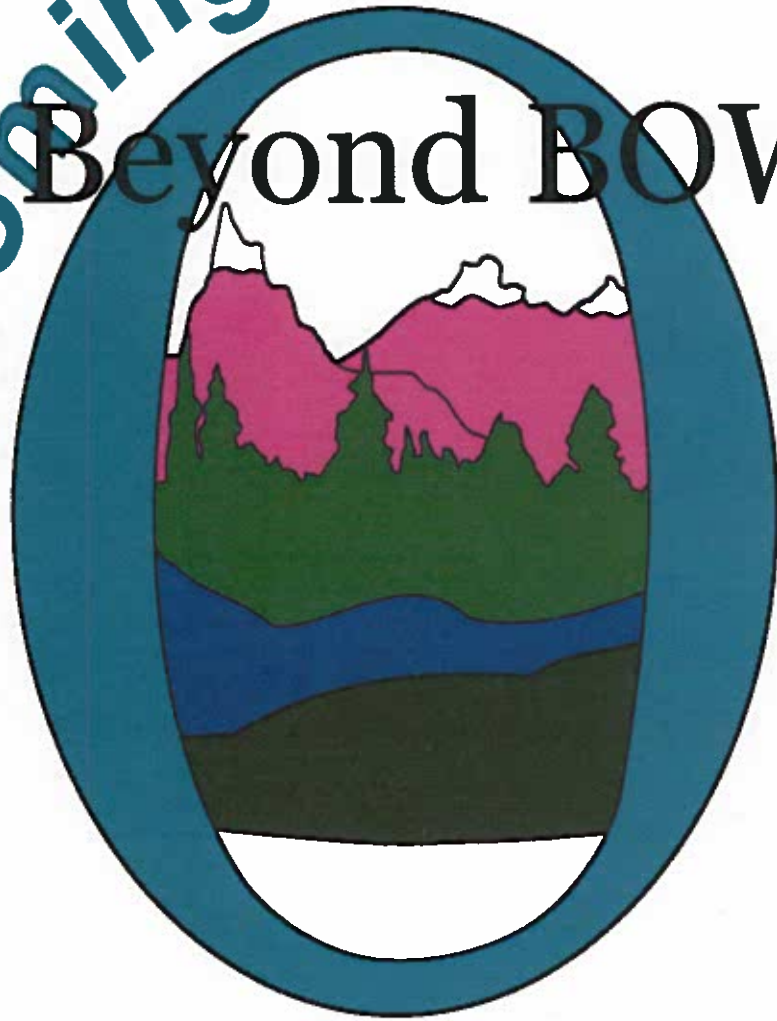
®

becoming an



ors-
man
nigan®

becoming an



Beyond BOW - Backpacking
utdoors-
Woman
In Michigan®

becoming an



S-
n
n®

becoming an



rs-

an

an®

becoming



S-
n
®

becoming an



S-
n
®

becoming an



rs-
in
an®

becoming an
Beyond BOW – Other Events



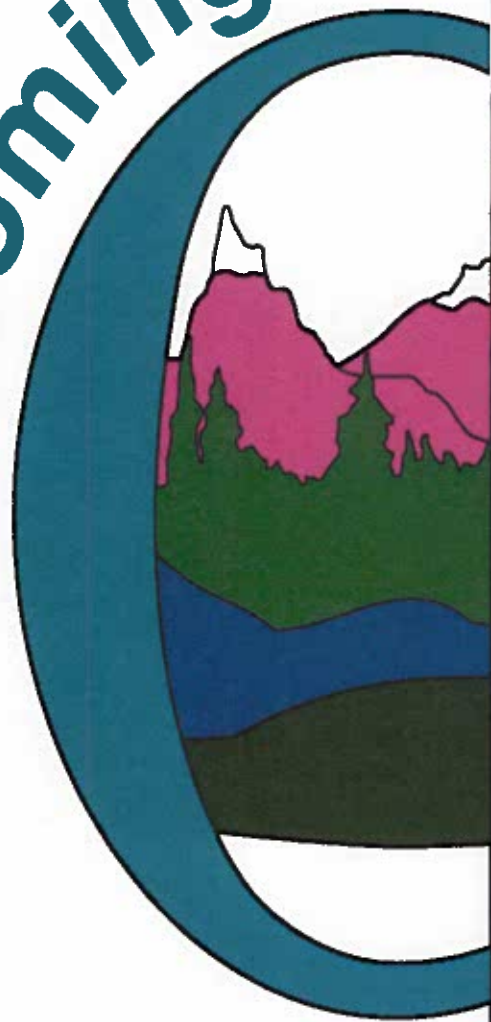
*utdoors-
Woman*
In Michigan®

becoming an



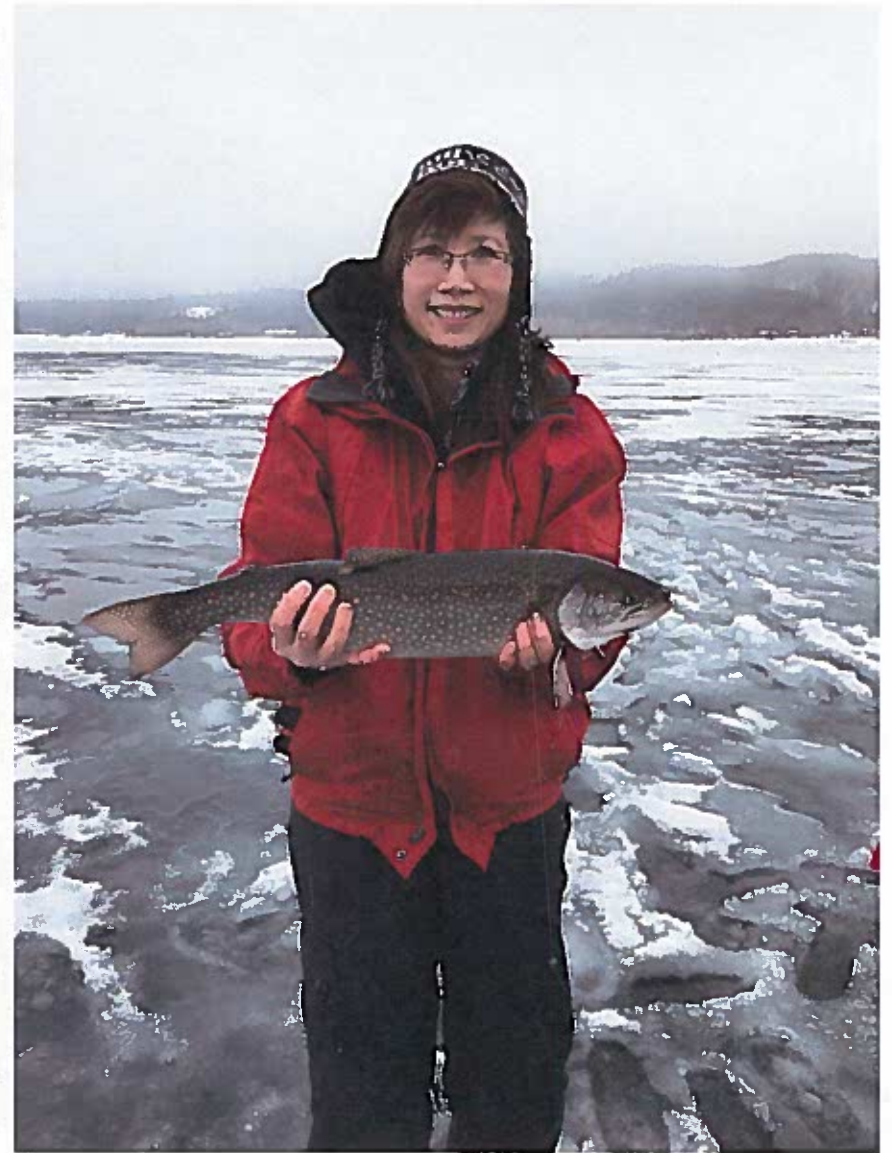
S-
n
n®

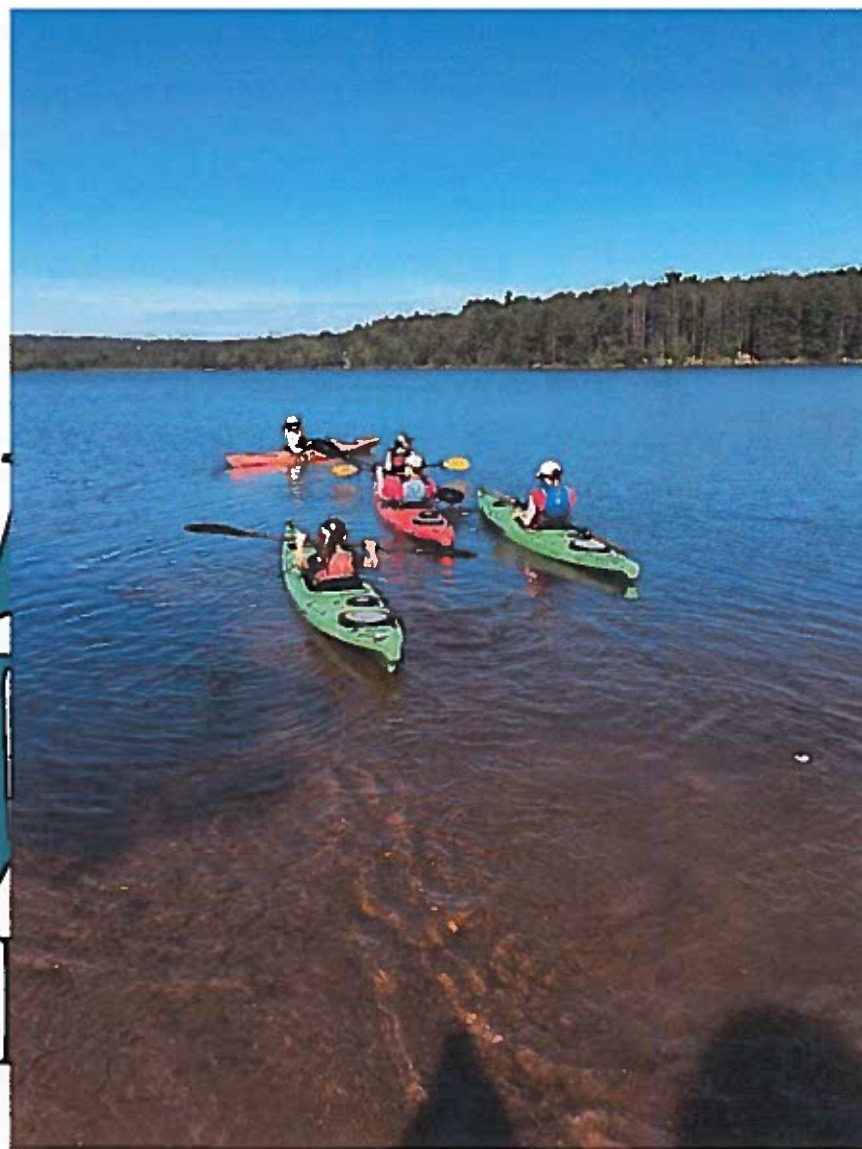
becoming an



ors-
nan
igan®

25



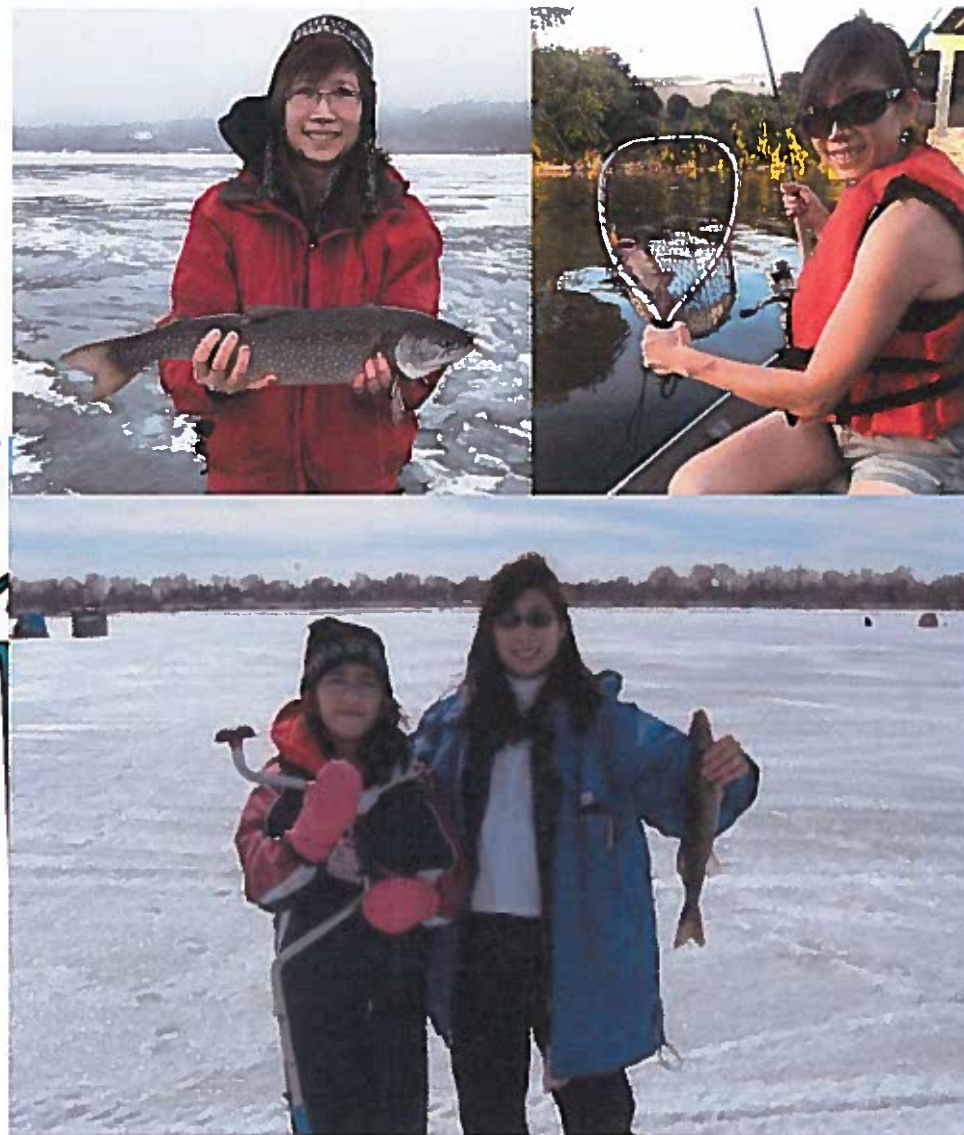


becoming an

Testimonials

"I love the DNR and BOW Programs. I have become confident enough to make significant purchases for ice fishing... I share my skills with family and friends so that we may enjoy the beautiful Michigan outdoors more than ever."

Bernadette Harkness, Midland, MI



becoming an

Testimonials

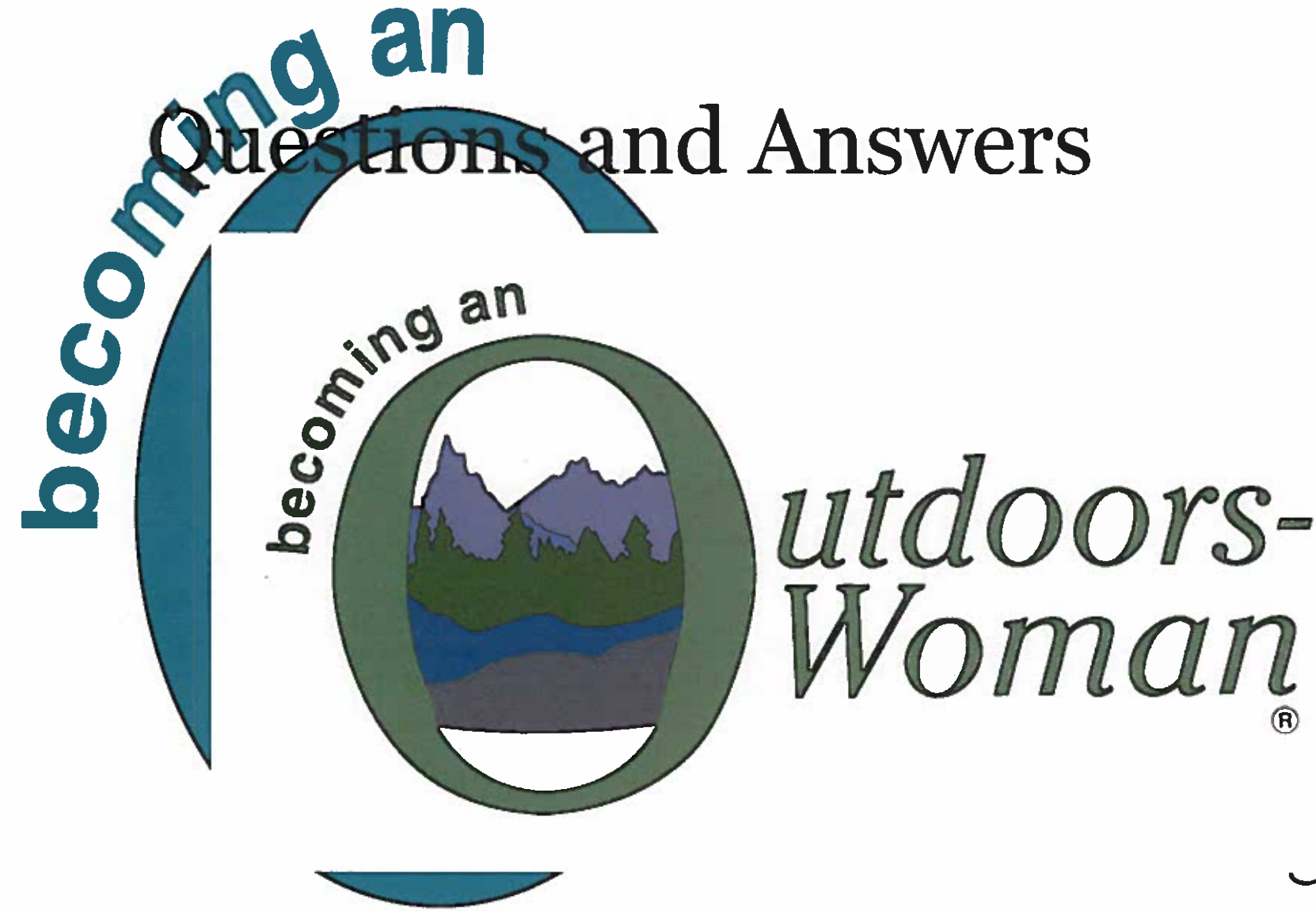
"BOW has given me self-confidence, shown me I can break barriers and most of all pride in who I am... It allowed me to inspire and encourage women that are suffering from low self-esteem."

Theresa Hamari, Marquette MI

"I now show women they too can rise above their fears, reach goals they thought were impossible and replace "I can't" with "I can and did".



Questions and Answers



'S-
'n
n®